

Pursue Your Passion

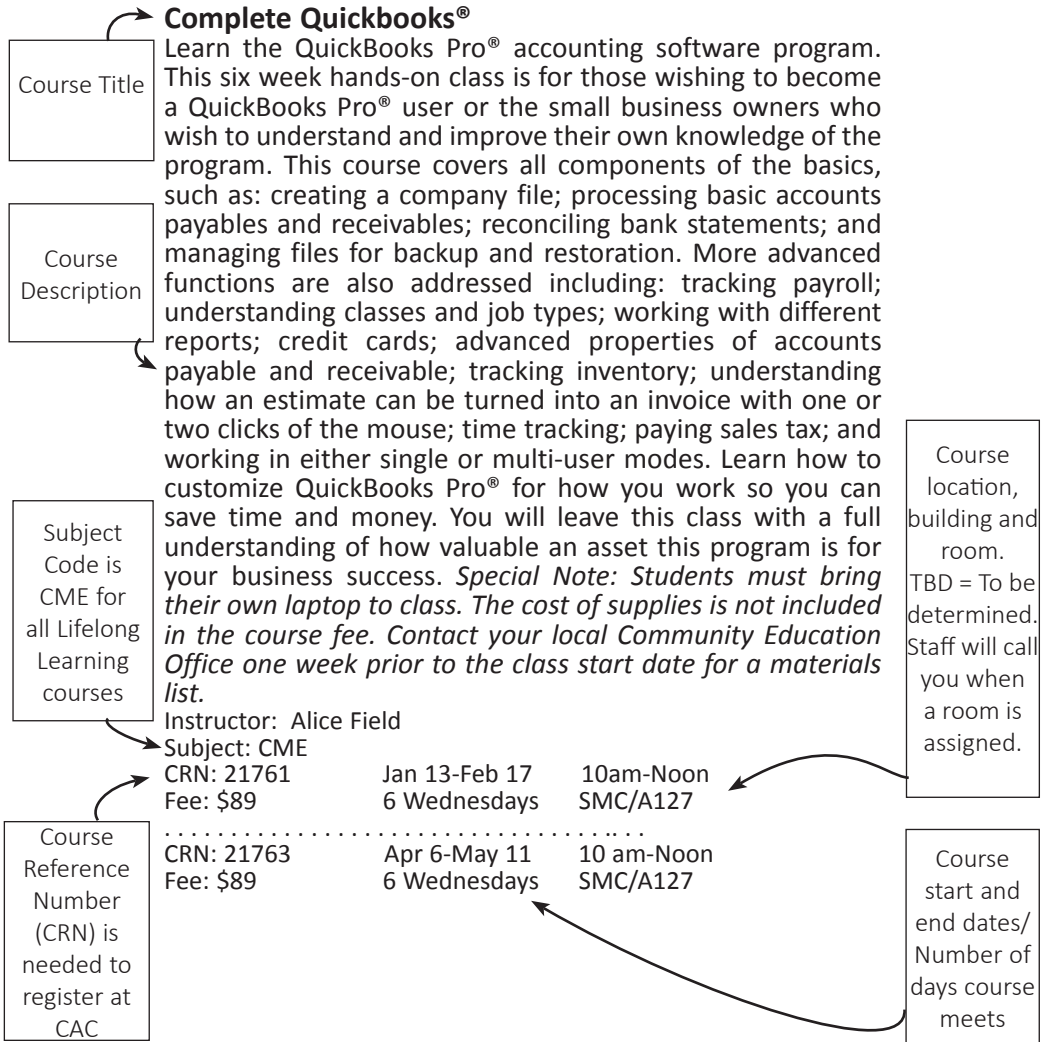


Central
Arizona
College

**Spring 2016
Community Education
NONCREDIT CLASS SCHEDULE**

www.centralaz.edu/lifelonglearning

Understanding the course description:



CAC Campus/Center Location Designations:

Note: Campus addresses and location map can be found inside back cover.

- AVC** - Aravaipa Campus
- CGC** - Casa Grande Center
- CGPR** - City of Casa Grande Parks & Recreation
- CCC** - Central Corporate Center
- FC** - Florence Center
- MC** - Maricopa Campus
- OR** - Mountain Vista School; Oracle, AZ
- SB** - For SaddleBrooke HOA Residents Only
- SMC** - Superstition Mountain Campus
- SPC** - Signal Peak Campus
- STC** - San Tan Campus



What's Inside?

CONTENTS

AVC-Aravaipa Campus. . . . Page 2

CCC-Central Corporate Center Page 3

CGC-Casa Grande Center. . . Page 5

CGPR-City of Casa Grande Parks & Recreation Page 7

MC-Maricopa Campus Page 9

OR-Mountain Vista School; Oracle, AZ Page 13

SB-For SaddleBrooke HOA Residents Only Page 13

SMC-Superstition Mountain Campus Page 14

SPC-Signal Peak Campus . Page 27

STC-San Tan Campus . . . Page 28

INFORMATION

Instructors Page 33

FAQs Page 38

Registration Form. Page 39



Central Arizona College

Community Education Offices

CAC Casa Grande Center

Program Coordinator: Muriel Thomas
 1015 E. Florence Blvd., Rm. A106
 Casa Grande, AZ 85122
 520.494.6059 Voice
 520.494.6055 Fax
 muriel.thomas@centralaz.edu

CAC Superstition Mountain Campus

Program Coordinator: Joel Beck
 805 S. Idaho Road, Rm. B125
 Apache Junction, AZ 85119
 480.677.7721 Voice
 480.677.7722 Fax
 joel.beck@centralaz.edu

Office Hours:

Monday – Thursday, 8 am – 6 pm

Bob Duke
Director



Follow us:



Computer Basics for Seniors

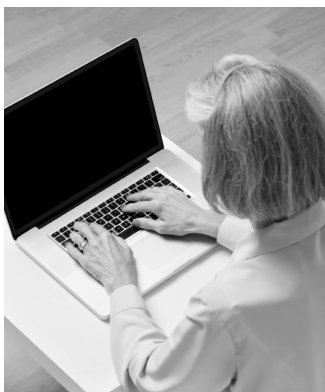
Would you like to learn or improve your computer skills? Join a relaxed paced course and learn the basics of using a computer, a keyboard & mouse, opening, using & closing programs, saving & printing documents, and browsing the Internet. In the end you will have developed basic computer skills, become friends with your computer, and prepared for future growth.
 Instructor: Larry Ramirez
 Subject: CME
 CRN: 21545 Jan 27-Feb 10 10 am-Noon
 Fee: \$39 3 Wednesdays AVC/TBD

Basic Digital Photography

Join us and learn the basics of digital photography including tips on lighting, composition and how to create beautiful photos. *Special Note: Students must bring their digital camera and instruction booklet to class.*
 Instructor: Larry Ramirez
 Subject: CME
 CRN: 21546 Feb 23 10 am-Noon
 Fee: \$29 1 Tuesday AVC/TBD

EBAY for Beginners

Got stuff laying around your home? You can turn that stuff into cash by selling it on eBay. What begins as a hobby can turn into a small business that supplements your income from home. Learn the process behind selling on eBay and have fun making extra money.
 Instructor: Larry Ramirez
 Subject: CME
 CRN: 21547 Mar 8 9-11 am
 Fee: \$29 1 Tuesday AVC/TBD



Beginning Computer Skills

Develop basic computer knowledge and learn how to navigate the current, most frequently used version of Microsoft Windows. Specific topics include desktop, icons, task bar, help screens, scrollbars, mouse practice, word pad, resizing and moving windows.
 Instructor: Larry Ramirez
 Subject: CME
 CRN: 21548 Mar 24 9-11 am
 Fee: \$29 1 Thursday AVC/TBD

Are You Smarter Than Your Smartphone?

Discover your Smartphone features and how to fully use them for your benefit. Topics include: music, calendars, internet, apps, syncs, and other topics. In the end, you could be smarter than your Smartphone. *Special Note: Student must bring own smartphone to class.*
 Instructor: Larry Ramirez
 Subject: CME
 CRN: 21549 Mar 30 10 am-Noon
 Fee: \$29 1 Wednesday AVC/TBD

Your Hometown College

Signal Peak Campus

Aravaipa Campus

Superstition Mountain Campus

Maricopa Campus

San Tan Campus

Amigos Hablando Español: Friends Speaking Spanish

Use it or lose it! The best way to improve your Spanish is to practice and this class will give you an opportunity to do just that. Join other students to practice your Spanish, no matter your current level of ability. In an informal gathering of people, you will be guided through practice conversations. Don't be shy; we're all "friends speaking Spanish."

Note: No class Feb 16.

Instructor: Janet Russell
 Subject: CME
 CRN: 21509 Jan 26-Mar 8 11am-12:30 pm
 Fee: \$59 6 Tuesdays CCC/TBD

Spanish for Beginners

Improve your communication skills in the second most common language in Arizona. Basic language structure and vocabulary in a conversational style will help you begin conversing in Spanish.

Note: No class Feb 16.

Instructor: Janet Russell
 Subject: CME
 CRN: 21510 Jan 26-Mar 8 1-2:30 pm
 Fee: \$59 6 Tuesdays CCC/TBD

Spanish for Beginners Plus

Continue improving your communication skills in the second most common language in Arizona. This class is geared toward students who have some experience with the Spanish language.

Instructor: Janet Russell
 Subject: CME
 CRN: 21508 Jan 27-Mar 2 1-2:30 pm
 Fee: \$59 6 Wednesdays CCC/TBD

Basics of Facebook and Social Networking

An introductory class for adults interested in entering the world of social networking. Topics include: setting up an account, privacy and security, adding friends and photos, Internet/Facebook etiquette, and more.

Instructor: Veronica Duran
 Subject: CME
 CRN: 21563 Jan 26 6:30-8:30 pm
 Fee: \$29 1 Tuesday CCC/TBD

 Subject: CME
 CRN: 21564 Mar 3 6:30-8:30 pm
 Fee: \$29 1 Thursday CCC/TBD

Numerology and the Divine Triangle

We are all born at a certain date, hour and minute into the earth's field of energy. The condition and vibration of that energy field determines to a great extent the particular actions and reactions that will characterize our entire life. The triangle is the first closed form that can be made with a single line. A blueprint for our life may be formed by the Divine Triangle of three parts; mind, body and spirit which are added to the square of the physical body and matter. The birthday month, day and year are placed on the blueprint and each milestone of your life can be charted. Come and learn where you are in your personal blueprint and what the future offers you in the next phase of your life.

Instructor: Connie Allison
 Subject: CME
 CRN: 21552 Jan 28-Feb 18 9-11 am
 Fee: \$55 4 Thursdays CCC/TBD

Plants of the Sonoran Desert



Explore the plants of the Sonoran Desert and discover what they have to offer. You will view, learn and discuss the different plants of the Sonoran Desert and their use for medicinal, utilitarian and food consumption.

Instructor: Jean Groen
 Subject: CME
 CRN: 21711 Jan 28 1-3 pm
 Fee: \$35 1 Thursday CCC/TBD

Lesser-known Plants of the Sonoran Desert



Discover the lesser-known plants of the Sonoran Desert. You will view, learn and discuss the lesser-known plants and their use for medicinal, utilitarian and food consumption.

Instructor: Jean Groen
 Subject: CME
 CRN: 21708 Mar 8 1-3 pm
 Fee: \$35 1 Tuesday CCC/TBD

Computer Basics for Seniors

Would you like to learn or improve your computer skills? Join a relaxed paced course and learn the basics of using a computer, a keyboard & mouse, opening, using & closing programs, saving & printing documents, and browsing the Internet. In the end you will have developed basic computer skills, become friends with your computer, and prepared for future growth.

Instructor: Paul Zubel
 Subject: CME
 CRN: 21555 Jan 28-Feb 11 6:30-8:30 pm
 Fee: \$39 3 Thursdays CCC/TBD

*Please register
 one week prior to
 course start dates.*

Beginning Computer Skills

Develop basic computer knowledge and learn how to navigate the current, most frequently used version of Microsoft Windows. Specific topics include desktop, icons, task bar, help screens, scrollbars, mouse practice, word pad, resizing and moving windows.

Instructor: Paul Zubel

Subject: CME

CRN: 21556 Mar 8 6:30-8:30 pm
 Fee: \$25 1 Tuesday CCC/TBD

Intermediate Computer Skills

Develop intermediate level computer skills by using MS Office Word, PowerPoint, and Excel software applications, web searches, and Internet based applications.

Instructor: Paul Zubel

Subject: CME

CRN: 21557 Mar 22-Apr 5 6:30-8:30 pm
 Fee: \$39 3 Tuesdays CCC/TBD



Having Fun While Learning to Coupon!

Would you like to save hundreds of dollars a year by learning how to coupon? By starting slowly, you will learn how to collect and organize your coupons in as little as 5 to 10 minutes per week. Get started now, have fun, and save money!

Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education office one week prior to the class start date for a materials list.

Instructor: Sarah Pacheco

Subject: CME

CRN: 21522 Jan 30 9-11 am
 Fee: \$29 1 Saturday CCC/TBD

.....
 CRN: 21523 Mar 26 9-11 am
 Fee: \$29 1 Saturday CCC/TBD

.....
 CRN: 21524 May 21 9-11 am
 Fee: \$29 1 Saturday CCC/TBD

Are You Smarter Than Your Smartphone?

Discover your Smartphone features and how to fully use them for your benefit. Topics include: music, calendars, internet, apps, syncs, and other topics. In the end, you could be smarter than your Smartphone. *Special Note: Student must bring own smartphone to class.*

Instructor: Veronica Duran

Subject: CME

CRN: 21561 Feb 2 6:30-8:30 pm
 Fee: \$25 1 Tuesday CCC/TBD

.....
 CRN: 21562 Mar 9 6:30-8:30 pm
 Fee: \$25 1 Wednesday CCC/TBD

How to Maximize Your iPhone

Are you getting the most out of your iPhone? Discover the ins and outs and how to manage your iPhone to suit your needs. Learn the basics of how to use your iPhone apps, maps, messages, calendar, mail and how to sync with other devices.

Special Note: Student must bring iPhone to class.

Instructor: Veronica Duran

Subject: CME

CRN: 21567 Mar 23 6:30-8:30 pm
 Fee: \$25 1 Wednesday CCC/TBD

iPad for Beginners

Explore the basics of your iPad. Topics include: iPad settings, customizing, and surfing the web. *Special Note: Student must bring iPad to class.*

Instructor: Veronica Duran

Subject: CME

CRN: 21565 Feb 17 6:30-8:30 pm
 Fee: \$25 1 Wednesday CCC/TBD

What More Can Your iPad Do?

Discover more exciting features of your iPad. Learn how to use all the built in apps, how to purchase additional apps and how everyone in your family can benefit from using the iPad. *Special Note: Student must bring iPad to class.*

Instructor: Veronica Duran

Subject: CME

CRN: 21566 Feb 24 6:30-8:30 pm
 Fee: \$25 1 Wednesday CCC/TBD

Creating Your Own Mandela


Have you found yourself doodling on a piece of paper when you were having a difficult discussion with someone? Would you be surprised to know that the doodling had a message for you from your subconscious? Come and let's explore the fine art of creating a Mandala, which is a fancy name for doodling messages, from your own subconscious using the medium of color. You don't need to be an artist. If you enjoy putting colors together for an interesting picture, this is for you. You can use one of the many patterns available, or try drawing one on your own. You will be surprised what you will find out about yourself.

Note: No class Mar 16.

Instructor: Connie Allison

Subject: CME

CRN: 21553 Feb 24-Mar 23 2-4 pm
 Fee: \$55 4 Wednesdays CCC/TBD



**Central
Arizona
College**

**For credit classes, visit:
www.centralaz.edu**

Spanish for Travelers: Beginning

Learn the essentials of conversational Spanish through opportunities to develop Spanish speaking and listening skills by pattern practice, repetition, and practical application. Course will feature basic sentence structure, pronunciation, and vocabulary to be applied to real life conversations.

Instructor: Mary Marrinan-Menchaca

Subject: CME

CRN: 21531 Jan 25-Feb 10 9-11 am
 Fee: \$79 3 Mon/3 Wed CGC/TBD

Spanish for Travelers: Intermediate

Continue learning the essentials of conversational Spanish through more opportunities to develop Spanish speaking and listening skills. The course features intermediate sentence structure, pronunciation, and vocabulary to be applied to real life conversations.

Instructor: Mary Marrinan-Menchaca

Subject: CME

CRN: 21532 Feb 22-Mar 9 9-11 am
 Fee: \$79 3 Mon/3 Wed CGC/TBD



WIOA Youth Program

Serving Pinal County

Apply Today!

Education and training directly related to employment for eligible applicants ages 14 to 24

For more information visit:

centralaz.edu/WIOA
 or call 520-494-6053



Central Arizona College



Should I start my own business?

78% of businesses fail because they lack a well developed business plan. Learn what it takes to become a successful entrepreneur by enrolling in the SBDC Business Launch class.

For more information contact:

Small Business Development Center

520.494.6610

or visit

www.centralaz.edu/biz

COMPETITION IN TODAY'S WORKFORCE IS FIERCE, ESPECIALLY FOR PLUS 50 ADULTS AND MANY ARE HEADED BACK TO THE CLASSROOM.

CENTRAL ARIZONA COLLEGE'S PLUS 50 ENCORE COMPLETION PROGRAM OFFERS OLDER ADULTS FLEXIBLE SCHEDULING AND MORE.

GAIN ADDITIONAL TRAINING, LEARN NEW SKILLS, COMPLETE A DEGREE OR CERTIFICATE AND OPEN NEW DOORS TO JOB OPPORTUNITIES, CAREER ADVANCEMENT AND GREATER EARNING POTENTIAL WITH CENTRAL ARIZONA COLLEGE.

ENROLL NOW

TAKE YOUR KNOWLEDGE TO THE NEXT DEGREE AND REINVENT YOUR FUTURE!

**WWW.CENTRALAZ.EDU/PLUS50
 OR (480) 677-7721**

When to Hold'Em or Fold'Em: Basics of Texas Hold'Em

Are you tired of playing the same old card game at your home parties? Make Texas Hold'Em, the "Cadillac of Poker", the newest addition to your next party. Topics include basic procedures, terminology, hand evaluation, betting strategy and bluffing. The differences among types of games such as limit, no-limit, tournaments, etc. will also be covered. *Special Note: This is an informational class with social playing, only. Actual gambling is prohibited and no money will be permitted to exchange hands.*

Note: No class Feb 16 & Mar 15.

Instructor: David Littleton
 Subject: CME
 CRN: 21516 Jan 26-Apr 12 9:30-11:30 am
 Fee: \$109 10 Tuesdays CGC/TBD

The 10 Common Mistakes for Business Failure



Ever wonder why some businesses fail and others succeed? By attending, you will become aware of the 10 most common mistakes that organizations make that lead to bankruptcy and disaster. You will also discover what not to do to have a successful business.

Instructor: John Persico Jr.
 Subject: CME
 CRN: 21634 Jan 27 Noon-1 pm
 Fee: \$25 1 Wednesday CGC/TBD

Improve Your Bridge Game While Having Fun

You can have fun and win at bridge by learning hand/card evaluation, bidding, play of the hand, defense strategies and the language of bridge. Each session includes time for game play and is open to all levels of players.

Instructor: David Littleton
 Subject: CME
 CRN: 21517 Jan 27-Apr 6 9:30-11:30 am
 Fee: \$109 10 Wednesdays CGC/TBD

Note: No class Mar 16.

.....
 CRN: 21800 Jan 28-Apr 7 9:30-11:30 am
 Fee: \$109 10 Thursdays CGC/TBD

Note: No class Mar 17.



Improving Employee Effectiveness



This seminar will focus on the key elements of an effective employee development program and how it helps build a more productive work force.

Instructor: John Persico Jr.
 Subject: CME
 CRN: 21635 Feb 10 Noon-1 pm
 Fee: \$25 1 Wednesday CGC/TBD

Improving Teamwork in Your Organization



Diversity can tear people apart or conversely build a stronger team. Learn practical pointers for working with others more effectively and building a team that functions as a united team.

Instructor: John Persico Jr.
 Subject: CME
 CRN: 21636 Feb 24 Noon-1 pm
 Fee: \$25 1 Wednesday CGC/TBD

How to Improve Your Production System and Increase Profits



Are your processes and systems continually breaking down? Are you unable to fulfill your orders in a timely fashion? Are you spending more time on rework than useful work? Attend this course and find out the most common roadblocks with production systems and the methods for removing these roadblocks.

Instructor: John Persico Jr.
 Subject: CME
 CRN: 21637 Mar 9 Noon-1 pm
 Fee: \$25 1 Wednesday CGC/TBD

The Seven Greatest Strategies for Business Success



Seven strategies account for 95 percent of the success of all organizations. By attending this course you will discover what these strategies are and how you can implement them in your organization.

Instructor: John Persico Jr.
 Subject: CME
 CRN: 21638 Mar 23 Noon-1 pm
 Fee: \$25 1 Wednesday CGC/TBD

Job Seeking Essentials To Get You Hired!



Do job interviews make you nervous? Would you like to know what it takes to get hired? Learn how to be more comfortable and effective in job interviews to increase the number of job offers you could have. Learn what it takes to first get them to want you; then tell them what it will take to get you.

Instructor: Gary Zaimont
 Subject: CME
 CRN: 21775 Mar 24-Apr 21 1:30-3:30 pm
 Fee: \$69 5 Thursdays CGC/TBD

Cooking with Arizona's Hot Solar Rays

Do you want to learn how to build a solar oven and cook delicious dishes using the Arizona summer sun? You will learn how to build a simple solar oven and then use the sun's energy to prepare meals for your family and friends. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education office on week prior to the start date for a materials list.*

Instructor: Laura Zubel
 Subject: CME
 CRN: None Feb 8 9-11 am
 Fee: \$25 1 Monday CGPR/TBD

.....
 CRN: None Mar 7 9-11 am
 Fee: \$25 1 Monday CGPR/TBD

Having Fun While Learning to Coupon!



Would you like to save hundreds of dollars a year by learning how to coupon? By starting slowly, you will learn how to collect and organize your coupons in as little as 5 to 10 minutes per week. Get started now, have fun, and save money! *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education office one week prior to the class start date for a materials list.*

Instructor: Sarah Pacheco
 Subject: CME
 CRN: None Feb 27 9-11 am
 Fee: \$29 1 Saturday CGPR/TBD

.....
 CRN: None Apr 30 9-11 am
 Fee: \$29 1 Saturday CGPR/TBD

Spanish for Travelers: Beginning

- Learn the essentials of conversational
- Spanish through opportunities to develop
- Spanish speaking and listening skills by
- pattern practice, repetition, and practical
- application. Course will feature basic
- sentence structure, pronunciation, and
- vocabulary to be applied to real life
- conversations.

Instructor: Mary Marrinan-Menchaca
 Subject: CME
 CRN: None Mar 21-Apr 6 9-11 am
 Fee: \$79 3 Mon/3 Wed CGPR/TBD

Spanish for Travelers: Intermediate

- Continue learning the essentials of
- conversational Spanish through more
- opportunities to develop Spanish
- speaking and listening skills. The course
- features intermediate sentence structure,
- pronunciation, and vocabulary to be
- applied to real life conversations.

Instructor: Mary Marrinan-Menchaca
 Subject: CME
 CRN: None Apr 11-27 1-3 pm
 Fee: \$79 3 Mon/3 Wed CGPR/TBD

Numerology and the Divine Triangle

We are all born at a certain date, hour and minute into the earth's field of energy. The condition and vibration of that energy field determines to a great extent the particular actions and reactions that will characterize our entire life. The triangle is the first closed form that can be made with a single line. A blueprint for our life may be formed by the Divine Triangle of three parts; mind, body and spirit which are added to the square of the physical body and matter. The birthday month, day and year are placed on the blueprint and each milestone of your life can be charted. Come and learn where you are in your personal blueprint and what the future offers you in the next phase of your life.

Instructor: Connie Allison
 Subject: CME
 CRN: None Apr 2-23 10 am-Noon
 Fee: \$55 4 Saturdays CGPR/TBD



Creating Your Own Mandala

Have you found yourself doodling on a piece of paper when you were having a difficult discussion with someone? Would you be surprised to know that the doodling had a message for you from your subconscious? Come and let's explore the fine art of creating a Mandala, which is a fancy name for doodling messages, from your own subconscious using the medium of color. You don't need to be an artist. If you enjoy putting colors together for an interesting picture, this is for you. You can use one of the many patterns available, or try drawing one on your own. You will be surprised what you will find out about yourself.

Instructor: Connie Allison
 Subject: CME
 CRN: None Apr 30-May 21 10 am-Noon
 Fee: \$55 4 Saturdays CGPR/TBD

The 10 Common Mistakes for Business Failure



Ever wonder why some businesses fail and others succeed? By attending, you will become aware of the 10 most common mistakes that organizations make that lead to bankruptcy and disaster. You will also discover what not to do to have a successful business.

Instructor: John Persico Jr.
 Subject: CME
 CRN: None Apr 4 Noon-1 pm
 Fee: \$25 1 Monday CGPR/TBD

Improving Employee Effectiveness 

This seminar will focus on the key elements of an effective employee development program and how it helps build a more productive work force.

Instructor: John Persico Jr.

Subject: CME

CRN: None Apr 18 Noon-1 pm

Fee: \$25 1 Monday CGPR/TBD

Improving Teamwork in Your Organization 

Diversity can tear people apart or conversely build a stronger team. Learn practical pointers for working with others more effectively and building a team that functions as a united team.

Instructor: John Persico Jr.

Subject: CME

CRN:None May 2 Noon-1 pm

Fee: \$25 1 Monday CGPR/TBD

How to Improve Your Production System and Increase Profits 

Are your processes and systems continually breaking down? Are you unable to fulfill your orders in a timely fashion? Are you spending more time on rework than useful work? Attend this course and find out the most common roadblocks with production systems and the methods for removing these roadblocks.

Instructor: John Persico Jr.

Subject: CME

CRN: None May 16 Noon-1 pm

Fee: \$25 1 Monday CGPR/TBD

The Seven Greatest Strategies for Business Success 

Seven strategies account for 95 percent of the success of all organizations. By attending this course you will discover what these strategies are and how you can implement them in your organization.

Instructor: John Persico Jr.

Subject: CME

CRN: None May 23 Noon-1 pm

Fee: \$25 1 Monday CGPR/TBD



Weekend College

CAC Offers Weekend and Evening Classes at the Corporate Center and Superstition Mountain Campus

Offers full-time professionals, stay-at-home parents, and even high school students the opportunity to take classes on Friday evenings and Saturdays.

- *Enroll in traditional or hybrid classes
- *Explore professional academic or career advising and registration services
- *Receive tutoring assistance for mathematics and writing classes
- *General education requirements (AGEC)
- *Proctored testing by appointment
- *Spanish language requirements for university transfer
- *Transition to NAU Bachelor's Degree on site

Make your weekends count!

Call 520-494-6600 for more information!

Cooking with Arizona's Hot Solar Rays

Do you want to learn how to build a solar oven and cook delicious dishes using the Arizona summer sun? You will learn how to build a simple solar oven and then use the sun's energy to prepare meals for your family and friends. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education office on week prior to the start date for a materials list.*

Instructor: Laura Zubel

Subject: CME

CRN: None Jan 25 9-11 am

Fee: \$25 1 Monday MARPR

MC/TBD

Prenatal Yoga

Appropriate for moms in every trimester, this gently flowing practice will help improve circulation, ease digestion, maintain a limber spine, strengthen the uterus and pelvic muscles, and simply make mothers-to-be more at ease throughout their pregnancies. Through yoga, breath work, and meditation students will develop confidence and nurture their innate wisdom to connect with their babies and enjoy the magical process of pregnancy and birth. *Special Note: Please bring a yoga mat and wear comfortable clothing that allows easy movement.*

Note: No class Feb 15 & Mar 14.

Instructor: Stephanie Murphy

Subject: CME

CRN: None Jan 25-Apr 25 5:30-6:30 pm

Fee: \$79 12 Mondays MARPR

MC/TBD

Restorative Yoga

Restorative Yoga is a very relaxing, gentle and therapeutic practice. This practice is designed to restore the nervous system and help release deeply held tensions from the body and mind. While gently stretching and strengthening the body, this deep restorative work improves range of motion and joint mobility, reducing pain and the effects of stress. Learn to focus on breath, body awareness, mindfulness, and basic yoga poses that can easily be modified to meet the needs of all body types. Appropriate for all students; no prior yoga experience required. *Special Note: Please bring a yoga mat and wear comfortable clothing that allows easy movement.*

Note: No class Feb 16 & Mar 15.

Instructor: Stephanie Murphy

Subject: CME

CRN: None Jan 26-Apr 26 5:30-6:30 pm

Fee: \$79 12 Tuesdays MARPR

MC/TBD

Yoga for Beginners Part 1

Are you interested in yoga and what it can do for you? Then this is the class for you! You will learn the basic yoga poses related to calming the mind, enhancing the spirit, and strengthening the body. In addition, explore the beginning yoga poses which lead to stress reduction, flexibility, and toning. *Special Note: Please bring a yoga mat and wear comfortable clothing that allows easy movement.*

Note: No class Mar 16.

Instructor: Stephanie Murphy

Subject: CME

CRN: None Jan 27-Apr 20 5:30-6:30 pm

Fee: \$55 12 Wednesdays MARPR

MC/TBD

Yoga Basics

Yoga is an ancient system that unites the body and mind. The practice of yoga offers powerful tools to relieve stress and bring flexibility, strength, co-ordination and balance to the body. This class is designed for both beginners and students desiring to revisit the foundations of yoga to deepen their current practice. The class focuses on breath, body awareness, mindfulness and basic yoga poses that can be easily modified to meet the needs of all body types. *Special Note: Please bring a yoga mat, block, blanket and wear comfortable clothing that allows easy movement.*

Note: No class Mar 17.

Instructor: Stephanie Murphy

Subject: CME

CRN: None Jan 28-Apr 21 Noon-1 pm

Fee: \$79 12 Thursdays MARPR

MC/TBD

Yoga Gold-Healthy Body, Healthy Mind

Yoga Gold is a supportive yoga class for the young at heart. You will not have to dig very far to get to the gold - you will discover that the treasure is within. In this healing class, the chair replaces the mat, allowing students to find stability in both seated and standing postures. You will explore moving mindfully with increased breath capacity for improved range of motion and flexibility. Enjoy all the benefits of a gentle yoga practice, including improved health for body, mind and spirit. *Special Note: Please bring a yoga mat and wear comfortable clothing that allows easy movement.*

Note: No class Mar 17.

Instructor: Stephanie Murphy

Subject: CME

CRN: None Jan 28-Apr 21 4-5 pm

Fee: \$79 12 Thursdays MARPR

MC/TBD



Plein Air Oil Pastel Painting

Explore the possibilities of using oil pastel in an outdoor setting. You will create three finished drawings: architectural, botanical, and landscape. The theory behind mixing and layering color and creating shadows and to create dynamic compositions will be covered. Come and enjoy being outside in the beautiful Arizona weather while capturing it in your own artwork. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education office one week prior to the class start date for a materials list.*

Note: No class Feb 16 & Mar 15. Meets for 3 hrs on Mar 22.

Instructor: Kristal Hoeh
 Subject: CME
 CRN: None Jan 26-Mar 22 6:30-8:30 pm
 Fee: \$99 7 Tuesdays MARPR
 MC/TBD

Charcoal Drawing for Everyone

Whether you are a beginner or advanced charcoal drawer, this is the class for you. You will focus on a bold and uninhibited form of drawing using vine and compressed charcoal. The versatility of charcoal helps you to create line variety, background tones and lifted-out highlights. You will leave the class with a remarkable sense of realism and depth in your artwork. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education office one week prior to the class start date for a materials list.*

Note: Meets for 3 hrs on May 5.

Instructor: Kristal Hoeh
 Subject: CME
 CRN: None Mar 24-May 5 6:30-8:30 pm
 Fee: \$99 7 Thursdays MARPR
 MC/TBD

Job Seeking Essentials To Get You Hired!

Do job interviews make you nervous? Would you like to know what it takes to get hired? Learn how to be more comfortable and effective in job interviews to increase the number of job offers you could have. Learn what it takes to first get them to want you; then tell them what it will take to get you.

Note: No class Feb 16.

Instructor: Gary Zaimont
 Subject: CME
 CRN: None Feb 2-Mar 8 10 am-Noon
 Fee: \$69 5 Tuesdays MARPR
 MC/TBD

Couponing for Beginners


Would you like to save hundreds or even thousands of dollars a year by learning money-saving couponing techniques and tricks? Learn how to stack coupons and stockpile groceries, plus the best web sites to save your family 25-65% every time you go to the grocery store! *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education office one week prior to the class start date for a materials list.*

Instructor: Hunaya Cramer
 Subject: CME
 CRN: None Jan 26 2-4 pm
 Fee: \$29 1 Tuesday MARPR
 MC/TBD

.....
 CRN: None Feb 4 9-11 am
 Fee: \$29 1 Thursday MARPR
 MC/TBD

.....
 CRN: None Feb 9 6-8 pm
 Fee: \$29 1 Tuesday MARPR
 MC/TBD

Couponing for Newbies

Designed for newbies to couponing!  Learn to understand store coupon policies, stacking coupons, stockpiling, freebies, preparing for a shopping trip, tracking savings and what apps to use on phones/devices. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education office one week prior to the class start date for a materials list.*

Instructor: Hunaya Cramer
 Subject: CME
 CRN: None Feb 23 2-4 pm
 Fee: \$29 1 Tuesday MARPR
 MC/TBD

.....
 CRN: None Mar 3 9-11 am
 Fee: \$29 1 Thursday MARPR
 MC/TBD

.....
 CRN: None Mar 8 6-8 pm
 Fee: \$29 1 Tuesday MARPR
 MC/TBD

Basics of Facebook and Social Networking

An introductory class for adults interested in entering the world of social networking. Topics include: setting up an account, privacy and security, adding friends and photos, Internet/Facebook etiquette, and more.

Instructor: Laura Zubel
 Subject: CME
 CRN: None Feb 1 9-11 am
 Fee: \$29 1 Monday MARPR
 MC/TBD

Are You Smarter Than Your Smartphone?

Discover your Smartphone features and how to fully use them for your benefit. Topics include: music, calendars, internet, apps, syncs, and other topics. In the end, you could be smarter than your Smartphone. *Special Note: Student must bring own smartphone to class.*

Instructor: Veronica Duran
 Subject: CME
 CRN: None Feb 10 6:15-8:15 pm
 Fee: \$25 1 Wednesday MARPR
 MC/TBD

How to Maximize Your iPhone

Are you getting the most out of your iPhone? Discover the ins and outs and how to manage your iPhone to suit your needs. Learn the basics of how to use your iPhone apps, maps, messages, calendar, mail and how to sync with other devices. *Special Note: Student must bring iPhone to class.*

Instructor: Veronica Duran
 Subject: CME
 CRN: None Feb 16 6:15-8:15 pm
 Fee: \$25 1 Tuesday MARPR
 MC/TBD

iPad for Beginners

Explore the basics of your iPad. Topics include: iPad settings, customizing, and surfing the web. *Special Note: Student must bring iPad to class.*

Instructor: Veronica Duran
 Subject: CME
 CRN: None Mar 1 6:15-8:15 pm
 Fee: \$25 1 Tuesday MARPR
 MC/TBD

What More Can Your iPad Do?

Discover more exciting features of your iPad. Learn how to use all the built in apps, how to purchase additional apps and how everyone in your family can benefit from using the iPad. *Special Note: Student must bring iPad to class.*

Instructor: Veronica Duran
 Subject: CME
 CRN: None Mar 8 6:15-8:15 pm
 Fee: \$25 1 Tuesday MARPR
 MC/TBD

Computer Basics for Seniors

Would you like to learn or improve your computer skills? Join a relaxed paced course and learn the basics of using a computer, a keyboard & mouse, opening, using & closing programs, saving & printing documents, and browsing the Internet. In the end you will have developed basic computer skills, become friends with your computer, and prepared for future growth.

Instructor: Paul Zubel
 Subject: CME
 CRN: None Feb 17-Mar 2 6-8 pm
 Fee: \$39 3 Wednesdays MARPR
 MC/TBD

Beginning Computer Skills

Develop basic computer knowledge and learn how to navigate the current, most frequently used version of Microsoft Windows. Specific topics include desktop, icons, task bar, help screens, scrollbars, mouse practice, word pad, resizing and moving windows.

Instructor: Paul Zubel
 Subject: CME
 CRN: None Feb 1 6-8 pm
 Fee: \$25 1 Monday MARPR
 MC/TBD

.....
 CRN: None Feb 18 6:30-8:30 pm
 Fee: \$25 1 Thursday MARPR
 MC/TBD

.....
 CRN: None Mar 24 6-8 pm
 Fee: \$25 1 Thursday MARPR
 MC/TBD

.....
 Instructor: Laura Zubel
 CRN: None Feb 22 9-11 am
 Fee: \$25 1 Monday MARPR
 MC/TBD

.....
 CRN: None Apr 11 9-11 am
 Fee: \$25 1 Monday MARPR
 MC/TBD

Intermediate Computer Skills

Develop intermediate level computer skills by using MS Word, PowerPoint, and Excel software applications, web searches, and Internet based applications.

Instructor: Laura Zubel
 Subject: CME
 CRN: None Mar 21-Apr 4 9-11 am
 Fee: \$39 3 Mondays MARPR
 MC/TBD

.....
 Instructor: Paul Zubel
 CRN: None Apr 7-21 6-8 pm
 Fee: \$39 3 Thursdays MARPR
 MC/TBD



Central Arizona College Community Education recognizes our partners:

City of Casa Grande Parks & Recreation

<http://online.activenetwork.com/casagrande/Start/Start.asp>

404 E. Florence Blvd.
Casa Grande, AZ 85122
520.836.8677

- Students can register in person or online
- Accepts cash, check, money order and credit card payments (MasterCard, Visa, Discover and American Express)

Register for classes with the City of Casa Grande when you see CGPR as part of the location.

City of Maricopa Parks & Recreation Information

<https://apm.activecommunities.com/cityofmaricoparec/home>

4345 W. Martin Luther King Jr. Blvd.
Maricopa, AZ 85138
520.316.4600

- Students can register in person or online
- Accepts cash, credit and debit card payments

Register for classes with the City of Maricopa when you see MARPR as part of the location. Classes will be held at the CAC Maricopa Campus.

Teach for us - we're always looking for great instructors!

Are you passionate about a subject and interested in teaching a noncredit course for Community Education? We provide quality lifelong learning that is responsive, relevant, and accessible to residents of Pinal County. Our classes are generated from the philosophy that learning is a rewarding, lifelong experience that occurs in a relaxed, supportive environment.

We are always seeking enthusiastic and qualified instructors in most of our subject areas and are interested in exploring new subject areas. As Central Arizona College expands the capabilities of the new campuses in Maricopa and San Tan Valley, Community Education is looking to expand the course offerings in those areas.

Each semester Community Education considers new course proposals. The proposal deadline to teach a new class in Summer 2016 is January 22, 2016. Course proposals received after January 22 will be considered for the Fall semester.

To be considered, please contact Joel at 480.677.7721 or Muriel at 520.494.6059 to obtain the instructor application and the noncredit course proposal forms.



"Jumpstart" Your Writing Process

If you have experienced "writer's block", this is the class for you. All forms of writing will be encouraged: fiction, memoirs, non-fiction, poetry and academic writing. Guest lecturers will share fresh input and discuss the changing world of publishing. Join the course for a fun and productive hit of new writing energy!

Note: Meets for 3 hrs on Mar 8.

Instructor: Marguerite Wainio

Subject: CME

CRN: 21519 Jan 26-Mar 8 5-7 pm
Fee: \$99 7 Tuesdays OR/MVS

Basic Digital Photography

Join us and learn the basics of digital photography including tips on lighting, composition and how to create beautiful photos. *Special Note: Students must bring their digital camera and instruction booklet to class.*

Instructor: Larry Ramirez

Subject: CME

CRN: 21550 Feb 17 5:30-8:30 pm
Fee: \$29 1 Wednesday OR/MVS

CRN: 21551 Apr 7 5-8 pm
Fee: \$29 1 Thursday OR/MVS



Personal Memoir Writing

Explore various methods for creating your very own personal memoir by using your life experiences, peer suggestions, writing critique from the instructor, and other influences to guide your writing. In the end you will have created your very own masterpiece to share with family and friends.

Instructor: Marguerite Wainio

Subject: CME

CRN: 21520 Mar 22-May 3 5-7 pm
Fee: \$99 7 Tuesdays OR/MVS

Painting for Fun with Oil

Basic painting skills focusing on techniques, tools, and materials. Skill development using a variety of subject matter, artistic perspectives, and color palettes. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Wanda Tucker

Subject: CME

CRN: 21513 Jan 5-Apr 19 1-4 pm
Fee: \$0 15 Tuesdays SB/Topaz

Note: No class Mar 15.

CRN: 21514 Jan 6-Apr 20 9 am-Noon
Fee: \$0 15 Wednesdays SB/Topaz

Note: No class Mar 16.

CRN: 21515 Jan 6-Apr 20 1-4 pm
Fee: \$0 15 Wednesdays SB/Topaz

Note: No class Mar 16.



Central
Arizona
College

Community Events Presents:

Arts

Theater

Drama

Entertainment

Music

and more...

For a listing of events
and to purchase tickets:

www.EventsAtCAC.com

Pottery on the Wheel

Learn how to use a potter's wheel, throw various pieces, attach handles, trim pots, and apply glazes to finished products. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: KimmBerly loane

Subject: CME

CRN: 21663 Jan 12-Feb 9 9 am-Noon
 Fee: \$89 5 Tuesdays SMC/A119

CRN: 21666 Jan 14-Feb 11 9 am-Noon
 Fee: \$89 5 Thursdays SMC/A119

CRN: 21664 Feb 16-Mar 22 9 am-Noon
 Fee: \$89 5 Tuesdays SMC/A119

Note: No class Mar 15.

CRN: 21667 Feb 18-Mar 24 9 am-Noon
 Fee: \$89 5 Thursdays SMC/A119

Note: No class Mar 17.

CRN: 21665 Mar 29-Apr 26 9 am-Noon
 Fee: \$89 5 Tuesdays SMC/A119

CRN: 21668 Mar 31-Apr 28 9 am-Noon
 Fee: \$89 5 Thursdays SMC/A119

CRN: 21756 May 3-31 9 am-Noon
 Fee: \$89 5 Tuesdays SMC/A119

CRN: 21669 May 5-June 2 9 am-Noon
 Fee: \$89 5 Thursdays SMC/A119

Book Discussion Group

Engage in a casual atmosphere in which educational and cultural themes of various selected books are discussed. Participants are requested to read the book identified by the Lifelong Learning Schedule prior to the class and to come prepared for lively discussion.

Note: Class only meets Jan 25, Feb 22 & Mar 21.

- 1) Jan 25 - *Wild* by Cheryl Strayed, a well written biography.
- 2) Feb 22 - *In The Unlikely Event* by Judy Blume, fiction based on actual events.
- 3) Mar 21 - *The Devil in the White City* by Erik Arson, based on true events in Chicago, during the Worlds Fair in 1893, the book is now made into a movie.

Instructor: Carol Deike

Subject: CME

CRN: 21706 Jan 25, Feb 22 10 am-Noon
 & Mar 21

Fee: \$15 3 Mondays SMC/A127

**Please register
 one week prior to
 course start dates.**

Gentle Yoga

Yoga is an ancient system that unites body and mind. The practice of yoga offers powerful tools to relieve stress and bring flexibility, strength, coordination and balance to the body. This class is designed for beginners of all fitness levels, as well as for students desiring to revisit the foundations of yoga to deepen their current understanding of yoga and its practice. Learn focus on breath, body awareness, mindfulness and basic yoga poses that can be easily modified to meet the needs of all body types. *Special Note: Please bring a yoga mat, block and blanket to class.*

Instructor: Sharon Corrigan

Subject: CME

CRN: 21697 Jan 25-Feb 24 9-10:15 am
 Fee: \$35 4 Mon/4 Wed SMC/A128

Note: No class Feb 15 & 17.

CRN: 21698 Feb 29-Mar 30 9-10:15 am
 Fee: \$35 4 Mon/4 Wed SMC/A128

Note: No class Mar 14 & 16.

CRN: 21769 Apr 4-27 9-10:15 am
 Fee: \$35 4 Mon/4 Wed SMC/A128

Chair Yoga

This class is structured to benefit everyone at any level of health and fitness. Class will include a combination of stretching and breathing exercises designed to: relieve stress; calm the mind; increase mobility, balance, and body awareness. Yoga poses are adapted for adults and are done seated. *Special Note: Wear loose and comfortable clothing.*

Instructor: Sharon Corrigan

Subject: CME

CRN: 21707 Feb 2-25 9-10:15 am
 Fee: \$35 4 Tue/4 Thur SMC/A128



Become a Master Gardener

Learn hands-on principles required to grow healthy outdoor plants in the Southwest Desert. Acquire knowledge in planting and growing garden and landscape plants: develop processes of identifying, diagnosing, and treating problems. Become a Certified Master Gardener by completing the requirements of the course series. *Special Note: The cost of supplies is not included in the course fee.*

Note: No class Mar 15.

Instructor: U of A Cooperative Extension, Pinal County

Subject: CME

CRN: 21786 Jan 12-May 3 1-4 pm
 Fee: \$75 16 Tuesdays SMC/B124



Complete Quickbooks®

Learn the QuickBooks Pro® accounting software program. This six week hands-on class is for those wishing to become a QuickBooks Pro® user or the small business owners who wish to understand and improve their own knowledge of the program. This course covers all components of the basics, such as: creating a company file; processing basic accounts payables and receivables; reconciling bank statements; and managing files for backup and restoration. More advanced functions are also addressed including: tracking payroll; understanding classes and job types; working with different reports; credit cards; advanced properties of accounts payable and receivable; tracking inventory; understanding how an estimate can be turned into an invoice with one or two clicks of the mouse; time tracking; paying sales tax; and working in either single or multi-user modes. Learn how to customize QuickBooks Pro® for how you work so you can save time and money. You will leave this class with a full understanding of how valuable an asset this program is for your business success. *Special Note: Students must bring their own laptop to class. The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Alice Field

Subject: CME

CRN: 21761 Jan 13-Feb 17 10 am-Noon
 Fee: \$89 6 Wednesdays SMC/A127

.....
 CRN: 21763 Apr 6-May 11 10 am-Noon
 Fee: \$89 6 Wednesdays SMC/A127

Writing The Story of Your Life Part I

Learn how to preserve your part of family history by creating a written history that preserves your generational contributions. Each week the student will be required to write a short story about different areas of their life as guided by the instructor. Then each student will read their story to the class and these stories will help others by triggering more memories.

Instructor: Barb Hofmeister

Subject: CME

CRN: 21717 Jan 19-Mar 8 1-3 pm
 Fee: \$119 8 Tuesdays SMC/TBD

Genealogy Basics - How to Start the Journey

This course provides an overview of creating a documented family history for students who have little or no experience in the field. Learn the fundamentals of genealogy to save time, frustration and money. The course emphasizes the use of standard genealogical forms, terminologies and organization methods before using a computer or spending money on costly searches. Learn how to build results quickly. The class is not intended to help complete individual searches, but to give participants enough information for starting a search.

Instructor: Joan Martin

Subject: CME

CRN: 21766 Jan 19-Feb 2 10 am-Noon
 Fee: \$45 3 Tuesdays SMC/TBD

.....
 CRN: 21768 Mar 31-Apr 14 10 am-Noon
 Fee: \$45 3 Tuesdays SMC/TBD

Creative Techniques to Improve Your Photography

Turn your "snapshots" into "photographs" by learning how to improve the appearance of landscapes, close-ups, wildlife and portraits. Learn how to create stronger images using more advanced techniques with lighting and innovative compositions. It's time to get creative with your photography with simple tips and tricks that you can use each time you shoot images no matter what type of camera you are using. This class is designed for both the beginner or advanced photographer. *Special Note: Students must know how to operate their cameras. This class will not teach camera operations.*

Instructor: Pearl Racette

Subject: CME

CRN: 21729 Jan 19-Feb 23 8:30 am-12:30 pm
 Fee: \$159 6 Tuesdays SMC/TBD

.....
 CRN: 21771 Feb 29-Apr 11 8:30 am-12:30 pm
 Fee: \$159 6 Mondays SMC/TBD

Note: No class Mar 14.

Spanish for Beginners

Improve your communication skills in the second most common language in Arizona. Basic language structure and vocabulary in a conversational style will help you begin conversing in Spanish.

Instructor: Christian Ensley
 Subject: CME
 CRN: 21692 Jan 27-Feb 24 1-3 pm
 Fee: \$65 5 Wednesdays SMC/TBD

Spanish for Beginners Plus

Continue improving your communication skills in the second most common language in Arizona. This class is geared toward students who have some experience with the Spanish language.

Note: No class Mar 16.
 Instructor: Christian Ensley
 Subject: CME
 CRN: 21693 Mar 2-Apr 6 1-3 pm
 Fee: \$65 5 Wednesdays SMC/TBD

Tai Chi Basics

Experience the health benefits of Tai Chi, an ancient exercise program (a noncompetitive, self-paced system of gentle physical exercise). Tai Chi benefits include reduced stress, improved muscle strength, and improved balance and coordination, along with increased energy, stamina and flexibility. Learn gentle movements that have been shown to help arthritis, diabetes, high blood pressure, and back problems.

Instructor: Jennifer McGraw
 Subject: CME
 CRN: 21661 Jan 21-Mar 10 6:30-7:30 pm
 Fee: \$59 8 Thursdays SMC/A128

 CRN: 21764 Mar 24-May 12 6:30-7:30 pm
 Fee: \$59 8 Thursdays SMC/A128

Waist Management

Explore easy and effective ways to create habits that support a healthy and happy body while managing your waistline. When you apply sound wellness lifestyle principles you will not only feel better and have the energy you want to have, but you'll be able to do the things you want to do! This interactive course also provides accountability and coaching in a safe and encouraging environment.

Instructor: Mari DeZago
 Subject: CME
 CRN: 21674 Jan 21-28 10 am-Noon
 Fee: \$29 2 Thursdays SMC/TBD

 CRN: 21675 Feb 23-Mar 1 10 am-Noon
 Fee: \$29 2 Tuesdays SMC/TBD

Meditation for Relaxation and Stress Relief

Meditation techniques to lower stress levels, assist with sleep, and heal the body, mind, and spirit. Learn how to quiet your mind and breathing techniques for relaxation, centering and connecting.

Instructor: Jennifer McGraw
 Subject: CME
 CRN: 21660 Jan 25-Mar 28 6:30-7:30 pm
 Fee: \$59 8 Mondays SMC/A128
Note: No class Feb 15 & Mar 14.

 CRN: 21765 Apr 4-May 23 6:30-7:30 pm
 Fee: \$59 8 Mondays SMC/A128

Line Dancing: Fun and Exercise

Learn various line dances to exercise the body and brain. No experience or partner necessary.

Note: No class Feb 15 & Mar 14.
 Instructor: Tobia Eaks
 Subject: CME
 CRN: 21690 Jan 25-Apr 25 9:30-10:30 am
 Fee: \$5 12 Mondays SMC/A110

CAC is WILDCAT COUNTRY!

Transfer to UA South is Easy!

520 840 4878
 salvarado@email.arizona.edu



Mah Jongg Part I

Learn the basics of the American version of the ancient Chinese game, Mah Jongg. This is a game of skill involving an array of tiles divided into various suits called flowers, winds, dragons, craks, bams and dots.

Note: No class Feb 15 & Mar 14.

Instructor: Sandra Koenig
 Subject: CME
 CRN: 21683 Jan 25-Mar 21 1-4 pm
 Fee: \$15 7 Mondays SMC/A128

Mah Jongg Part II

Continue to learn the basics of the American version of the ancient Chinese game of Mah Jongg. This is a game of skill involving an array of tiles divided into various suits called flowers, winds, dragons, craks, bams and dots.

Instructor: Sandra Koenig
 Subject: CME
 CRN: 21684 Mar 28-May 9 1-4 pm
 Fee: \$15 7 Mondays SMC/A128

Joy of Pastels - Level I

Learn how to paint with the wonderful immediacy of pastels. With demos and slide shows, students will learn the exciting history and work of past masters. Learn outlines, shapes, proportions, tone, color, texture, form, value and composition. Complete beautiful floral studies along with vibrant studio still life with thumbnail sketches, utilizing different pastel strokes. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Ruth Ballard
 Subject: CME
 CRN: 21695 Jan 26-Mar 1 9:30 am-12:30 pm
 Fee: \$115 6 Tuesdays SMC/A122

Joy of Pastels - Level II

Students will expand skills learned in Level I by building up color in layers from darks to lights while utilizing various colored pastel papers. Students will also learn to create and take home stunning landscapes, sunsets, clouds, skies, trees and wildflowers to capture the sparkling beauty of nature. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Note: No class Mar 15.
 Instructor: Ruth Ballard
 Subject: CME
 CRN: 21696 Mar 8-Apr 19 9:30 am-12:30 pm
 Fee: \$115 6 Tuesdays SMC/A122

Healthy Living with Chronic Disease Self Management Workshop

The Healthy Living Workshop, designed by Stanford University, is an interactive, self-management workshop. Each workshop is led by two trained facilitators following an established curriculum. The course is designed to help people with ongoing health problems and challenges affecting their quality of life and how to manage them more effectively. Anyone with a chronic condition, such as diabetes, arthritis, COPD, heart disease, asthma or any other on-going health problem, should participate. In this workshop you will learn specific skills and find tools to help you cope with symptoms and reignite confidence that helps you feel better. Being with others who have similar challenges can be a powerful motivator! Caregivers and family members are encouraged to attend.

Instructor: Arizona Living Well Institute
 Subject: CME
 CRN: 21732 Jan 26-Mar 1 1-3:30 pm
 Fee: \$15 6 Tuesdays SMC/TBD

Basic Drawing

Learn exercises to help understand the laws of nature which will enable you to grasp the techniques necessary to learn to draw and paint. How to observe, using the five senses, in order to study nature is of prime importance.

Instructor: Pat Lewis
 Subject: CME
 CRN: 21703 Jan 27-Feb 24 9 am-Noon
 Fee: \$99 5 Wednesdays SMC/A122

Basic Conversational Russian



Discover Russian language and learn about the standard pronunciation system, basic vocabulary, sentence patterns, and expressions. In addition, explore and recognize Cyrillic letters and spelling and Cyrillic word phrases to carry on a simple Russian conversation.

Instructor: Guy Payne
 Subject: CME
 CRN: 21758 Jan 28-Mar 24 10 am-Noon
 Fee: \$99 8 Thursdays SMC/TBD

Note: No class Mar 17.

.....
 CRN: 21760 Mar 28-May 16 6-8 pm
 Fee: \$99 8 Mondays SMC/TBD

**Send ideas and comments
 to Community Education
 via email at
 CommEd@centralaz.edu**

Special Drawing Techniques- Level I

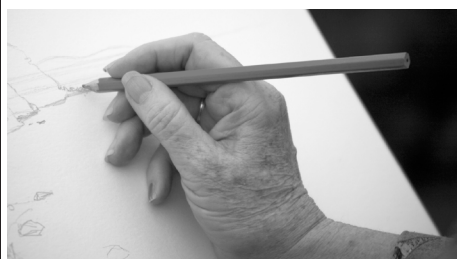
Learn to draw with confidence and accuracy using a graphic application technique created by Albrecht Durer in the 1500s. Any form of visual artistic representation can be described in realistic and vivid detail using this technique. You will learn how to identify shapes and forms, both obvious and subtle, and their corresponding values. This is a very popular learning tool for all levels of artists. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Ruth Ballard

Subject: CME

CRN: 21671 Jan 29-Feb 26 1-4 pm

Fee: \$99 5 Fridays SMC/A122



Special Drawing Techniques- Level II

Continue learning to draw with confidence and accuracy using a graphic application technique created by Albrecht Durer in the 1500s. In Level II, continue working with black and white while introducing some color to your artwork. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Note: No class Mar 18.

Instructor: Ruth Ballard

Subject: CME

CRN: 21672 Mar 4-Apr 8 1-4 pm

Fee: \$99 5 Fridays SMC/A122

Intro to Interior Design: Part I

This is an excellent journey into the field of interior design for both the career-minded student and lifelong learners. An overview of multiple areas of design, including the major principles and elements of design, the use of color, and the development of pleasing color schemes is provided. The course emphasizes how to use various types of flooring, textiles and lighting to enhance interior spaces. It will encourage you to make wise selections from the numerous products available for either your own use or for a commercial or residential client.

Instructor: Cheryl Blankenship

Subject: CME

CRN: 21701 Feb 2-16 10 am-Noon

Fee: \$69 3 Tue/2 Thu SMC/F138

Intro to Interior Design: Part II

Continue the journey by expanding on the principles and elements you learned in Intro to Interior Design: Part I by creating projects. Basic theories and practical applications are key to creating aesthetically pleasing, functional spaces. This course will help build confidence in making those decisions.

Instructor: Cheryl Blankenship

Subject: CME

CRN: 21702 Feb 18-Mar 3 10 am-Noon

Fee: \$69 2 Tue/3Thu SMC/F138



An Amazing Walk Through the Skies

This is not your father's astronomy 101 class. Enjoy an engaging astronomical overview, presented by Steve Kates, a.k.a. "Dr. Sky", of the origins, history, and current scientific knowledge of our solar system including: planets, moons and other objects; and current knowledge about other solar systems. Learn how to use tools and resources to navigate our night skies and understand a vast history in the role and the future of interplanetary space exploration and science. Lots of hands-on experiences and multimedia entertainment will be featured by "Dr. Sky".

Note: No class Mar 15.

Instructor: Steve Kates - "Dr. Sky"

Subject: CME

CRN: 21687 Feb 2-Mar 29 7-9 pm

Fee: \$109 8 Tuesdays SMC/F138

Russian Byzantine Icon Painting/ Writing

Learn icon painting and writing techniques that have been passed down from person to person in the Eastern Orthodox world for many centuries. Monks originally developed these methods dating back to the 1500's. Learn how icons are constructed, painted, and used. Explore the spiritual connections of icon painting/writing. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Note: No class Mar 16.

Instructor: Lois Meyer

Subject: CME

CRN: 21726 Feb 3-Mar 30 6-9 pm

Fee: \$155 8 Wednesdays SMC/A116

Expressive Portrait Drawing

Learn how to bring expressive emotions into your portraits using basic techniques. Forget about creating a likeness; instead, we will concentrate on seeing and drawing the big shapes of dark and light. Students will be encouraged to develop their own distinct drawing style using pencil, charcoal, and other media. If you are an individual with an expressive nature, who loves to draw portraits, then this class for you!

Instructor: Vanessa Ortiz
 Subject: CME
 CRN: 21725 Feb 3-Mar 9 4-7 pm
 Fee: \$115 6 Wednesdays SMC/TBD

 CRN: 21787 Mar 23-Apr 27 4-7 pm
 Fee: \$115 6 Wednesdays SMC/TBD

Winning Sales

If you really want to improve your sales or your sales team's performance, this is the course for you. Learn proven sales techniques, easy to use skill sets, winning strategies, the art of closing, and sales management using a customer relationship management (CRM) software. Overcome call reluctance and gain major confidence in your sales presentation. Beginners to seasoned sales professionals will benefit from this course. Take this program if you truly want to get better at connecting and motivating other people, significantly increase your sales, and lead a winning sales team.

Instructor: Jim Saunders
 Subject: CME
 CRN: 21705 Feb 3-24 6-8 pm
 Fee: \$55 4 Wednesdays SMC/TBD

Central Arizona Adventures

Explore four historical Arizona adventures that consist of these exciting stories: (1) Superstitions-The Killer Mountains, including local Ghost Stories; (2) Arizona's 1880s Stagecoach Robbery Trail and Frontier Justice; (3) Legendary Cowboy Tales of the Superstition Mountains-1870s to Present; and (4) Fantastic new discoveries relating to the Lost Dutchman Mine and Peralta Miners. Student participation in discussions is always welcome. Photos and visual displays enhance each class. These adventures relate to nearby local places, people and events that happened within a short distance from the Apache Junction CAC campus.

Instructor: Jack San Felice
 Subject: CME
 CRN: 21659 Feb 3-24 10 am-Noon
 Fee: \$59 4 Wednesdays SMC/TBD

Strip Quilting With A Twist

Learn how to use quilting tools, understand the vocabulary of quilting, rotary cutting, sewing accurate seams, pressing, and more to help you start your first project or refresh your memory. Students will learn how to read a quilt pattern, what tools to use, how to cut fabric, and how to piece a quilt into a lap quilt using fat quarters, a cut of fabric that measures approximately 18 inches x 22 inches. Come and learn some of the tips, hints and tricks that make quilting easier and so much fun! *Special Notes: Please bring a sewing machine you are familiar with to class. The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Susan Jones
 Subject: CME
 CRN: 21688 Feb 4-25 10 am-Noon
 Fee: \$85 4 Thursdays SMC/TBD

 CRN: 21689 Mar 2-30 6:30-8:30 pm
 Fee: \$85 4 Wednesdays SMC/TBD

Note: No class Mar 16.

American Composers and Their Operas

American opera composing has grown considerably over the past 25 years. Several composers have been awarded the Pulitzer Prize for music, such as Kevin Puts for "Silent Night" in 2013. American composers have taken stories from international headlines for their operas, such as "Death of Klinghoffer" by John Adams. Some have based their opera on earlier historic events, such as Jack Beeson's "Lizzie Borden". Join other opera lovers as we explore some of these American composers and their groundbreaking operas.

Note: No class Mar 17.
 Instructor: Bette Jones
 Subject: CME
 CRN: 21614 Feb 4-Mar 31 1-4 pm
 Fee: \$20 8 Thursdays SMC/TBD

Beginning Bridge

This course is an introduction to the challenging game of bridge. Learn the fundamentals of bidding, play of hand and defense. Learn this great game, meet new people, and have fun at the same time.

Note: No class Mar 17.
 Instructor: Catherine Lindholm
 Subject: CME
 CRN: 21615 Feb 4-Apr 7 9-11 am
 Fee: \$99 9 Thursdays SMC/A128

AVC-Aravaipa Campus

- Jan 27 Computer Basics for Seniors
- Feb 23 Basic Digital Photography
- Mar 8 EBAY for Beginners
- Mar 24 Beginning Computer Skills
- Mar 30 Are You Smarter Than Your Smartphone

CCC-Central Corporate Center

- Jan 26 Amigos Hablando Español: Friends Speaking Spanish
- Jan 26 Spanish for Beginners
- Jan 26 Basics of Facebook and Social Networking
- Jan 27 Spanish for Beginners Plus
- Jan 28 Numerology and the Divine Triangle
- Jan 28 Plants of the Sonoran Desert
- Jan 28 Computer Basics for Seniors
- Jan 30 Having Fun While Learning to Coupon!
- Feb 2 Are You Smarter Than Your Smartphone
- Feb 17 iPad for Beginners
- Feb 24 Creating Your Own Mandela
- Feb 24 What More Can Your iPad Do?
- Mar 3 Basics of Facebook and Social Networking
- Mar 8 Lesser-known Plants of the Sonoran Desert
- Mar 8 Beginning Computer Skills
- Mar 9 Are You Smarter Than Your Smartphone
- Mar 22 Intermediate Computer Skills
- Mar 23 How to Maximize Your iPhone
- Mar 26 Having Fun While Learning to Coupon!
- May 21 Having Fun While Learning to Coupon!

CGC-Casa Grande Center

- Jan 25 Spanish for Travelers: Beginning
- Jan 26 When to Hold'Em or Fold'Em: Basics of Texas Hold'Em
- Jan 27 The 10 Common Mistakes for Business Failure
- Jan 27 Improve Your Bridge Game While Having Fun
- Jan 28 Improve Your Bridge Game While Having Fun
- Feb 10 Improving Employee Effectiveness
- Feb 22 Spanish for Travelers: Intermediate
- Feb 24 Improving Teamwork in Your Organization
- Mar 9 "How to Improve Your Production System and Increase Profits"
- Mar 23 "The Seven Greatest Strategies for Business Success"
- Mar 24 Job Seeking Essentials To Get You Hired!

CGPR-City of Casa Grande Parks and Recreation

- Feb 8 Cooking with Arizona's Hot Solar Rays
- Feb 27 Having Fun While Learning to Coupon!
- Mar 7 Cooking with Arizona's Hot Solar Rays
- Mar 21 Spanish for Travelers: Beginning
- Apr 2 Numerology and the Divine Triangle
- Apr 4 The 10 Common Mistakes for Business Failure
- Apr 11 Spanish for Travelers: Intermediate
- Apr 18 Improving Employee Effectiveness
- Apr 30 Having Fun While Learning to Coupon!

CGPR cont.

- Apr 30 Creating Your Own Mandela
- May 2 Improving Teamwork in Your Organization
- May 16 "How to Improve Your Production System and Increase Profits"
- May 23 "The Seven Greatest Strategies for Business Success"

MC-Maricopa Campus

- Jan 25 Cooking with Arizona's Hot Solar Rays
- Jan 25 Prenatal Yoga
- Jan 26 Couponing for Beginners
- Jan 26 Restorative Yoga
- Jan 26 Plein Air Oil Pastel Painting
- Jan 27 Yoga for Beginners Part 1
- Jan 28 Yoga Basics
- Jan 28 Yoga Gold-Healthy Body, Healthy Mind
- Feb 1 Basics of Facebook and Social Networking
- Feb 1 Beginning Computer Skills
- Feb 2 Job Seeking Essentials To Get You Hired!
- Feb 4 Couponing for Beginners
- Feb 9 Couponing for Beginners
- Feb 10 Are You Smarter Than Your Smartphone
- Feb 16 How to Maximize Your iPhone
- Feb 17 Computer Basics for Seniors
- Feb 18 Beginning Computer Skills
- Feb 22 Beginning Computer Skills
- Feb 23 Couponing for Newbies
- Mar 1 iPad for Beginners
- Mar 3 Couponing for Newbies
- Mar 8 Couponing for Newbies
- Mar 8 What More Can Your iPad Do?
- Mar 21 Intermediate Computer Skills
- Mar 24 Beginning Computer Skills
- Mar 24 Charcoal Drawing for Everyone
- Apr 7 Intermediate Computer Skills
- Apr 11 Beginning Computer Skills

OR-Mountain Vista School, Oracle

- Jan 26 "Jumpstart" Your Writing Process
- Feb 17 Basic Digital Photography
- Mar 22 Personal Memoir Writing
- Apr 7 Basic Digital Photography

SB-For SaddleBrooke HOA Residents Only

- Jan 5 Painting for Fun with Oil
- Jan 6 Painting for Fun with Oil

SMC-Superstition Mountain Campus

- Jan 12 Pottery on the Wheel
- Jan 14 Pottery on the Wheel
- Jan 12 Become a Master Gardener
- Jan 13 Complete Quickbooks®
- Jan 19 Writing The Story of Your Life Part II
- Jan 19 Writing The Story of Your Life Part I
- Jan 19 Genealogy Basics - How to Start the Journey
- Jan 19 Creative Techniques to Improve Your Photography
- Jan 21 Tai Chi Basics
- Jan 21 Waist Management
- Jan 25 Gentle Yoga
- Jan 25 Meditation for Relaxation and Stress Relief
- Jan 25 Mah Jongg Part I
- Jan 25 Line Dancing: Fun and Exercise
- Jan 25 Book Discussion Group
- Jan 26 Joy of Pastels- Level I
- Jan 26 Healthy Living with Chronic Disease Self Management Workshop
- Jan 27 Spanish for Beginners
- Jan 27 Basic Drawing
- Jan 28 Basic Conversational Russian

SMC cont.

- Jan 29 Special Drawing Techniques- Level I
- Feb 2 Beginning Drawing Skills
- Feb 2 Intro to Interior Design: Part I
- Feb 2 Chair Yoga
- Feb 2 An Amazing Walk Through the Skies
- Feb 3 Russian Byzantine Icon Painting/ Writing
- Feb 3 Expressive Portrait Drawing
- Feb 3 Winning Sales
- Feb 3 Central Arizona Adventures
- Feb 4 Strip Quilting With A Twist
- Feb 4 American Composers and Their Operas
- Feb 4 Beginning Bridge
- Feb 5 Experiencing Oil Painting
- Feb 5 Are You Smarter Than Your Smartphone?
- Feb 6 Artistic Travel Journaling
- Feb 8 Rubber Stamp Making
- Feb 9 Geology of the Superstition Mountains
- Feb 9 Silver Screen Cowboys, From Film to Television
- Feb 10 Vision Board
- Feb 10 Beginning Computer Skills
- Feb 10 Photographing the Twilight Magic
- Feb 10 Plein Air Painting
- Feb 11 Introduction to Law Enforcement
- Feb 12 iPad for Beginners
- Feb 16 Pottery on the Wheel
- Feb 16 Beginning Italian
- Feb 16 Beginning Photoshop
- Feb 18 Pottery on the Wheel
- Feb 18 Intro to Interior Design: Part II
- Feb 18 Photographing Arizona Wildflowers
- Feb 19 Basics of Facebook and Social Networking
- Feb 22 Exploring Colored Pencils
- Feb 22 Instant Piano for Hopelessly Busy People
- Feb 23 Waist Management
- Feb 23 How to Utilize Rainwater in the Landscape
- Feb 24 Plants of the Sonoran Desert
- Feb 25 Volcanoes- What, Why, Where and How?
- Feb 25 Numbers: Influencing Our Lives Part I
- Feb 26 Email and Internet for Beginners
- Feb 29 Instant Guitar for Hopelessly Busy People
- Feb 29 Gentle Yoga
- Feb 29 Creative Techniques to Improve Your Photography
- Mar 1 Managing an Irrigation System
- Mar 1 Basics of Residential Landscape Irrigation
- Mar 2 Strip Quilting With A Twist
- Mar 2 Spanish for Beginners Plus
- Mar 3 Beginning Computer Skills
- Mar 4 Microsoft Word Essentials
- Mar 4 Special Drawing Techniques- Level II
- Mar 8 Joy of Pastels- Level II
- Mar 8 Curandero Walk
- Mar 12 Artistic Travel Journaling
- Mar 22 Vision Board
- Mar 22 Photoshop: Practice Makes Perfect
- Mar 23 Expressive Portrait Drawing
- Mar 23 Plein Air Painting
- Mar 24 Tai Chi Basics
- Mar 24 Numbers: Influencing Our Lives Part II

SMC cont.

- Mar 26 Wildflower Photo Safari
- Mar 28 Mah Jongg Part II
- Mar 28 Basic Conversational Russian
- Mar 29 Pottery on the Wheel
- Mar 29 Rubber Stamp Making
- Mar 31 Pottery on the Wheel
- Mar 31 Genealogy Basics - How to Start the Journey
- Apr 4 Meditation for Relaxation and Stress Relief
- Apr 4 Gentle Yoga
- Apr 5 Intermediate Italian
- Apr 6 Complete Quickbooks®
- Apr 7 Basics of Residential Landscape Irrigation
- Apr 7 Lesser-known Plants of the Sonoran Desert
- May 3 Pottery on the Wheel
- May 5 Pottery on the Wheel

SPC-Signal Peak Campus

- Jan 28 Pottery on the Wheel
- Mar 24 Pottery on the Wheel

STC-San Tan Campus

- Jan 12 Complete Quickbooks®
- Jan 12 Beginning Bridge
- Jan 20 Creative Techniques to Improve Your Photography
- Jan 21 Genealogy Basics - How to Start the Journey
- Jan 25 Instant Piano for Hopelessly Busy People
- Jan 26 Astronomy for Beginners
- Jan 27 Beginning Computer Skills
- Jan 28 Line Dancing: Fun and Exercise
- Feb 1 Creative Acrylic I
- Feb 1 Bead Embroidery
- Feb 2 Basics of Residential Landscape Irrigation
- Feb 3 Email and Internet for Beginners
- Feb 4 Introduction to Machine Sewing
- Feb 8 Instant Guitar for Hopelessly Busy People
- Feb 9 Plants of the Sonoran Desert
- Feb 10 Introduction to Quilt Making
- Feb 10 Beginning Drawing
- Feb 10 Microsoft Word Essentials
- Feb 11 Beginning Portrait Drawing
- Feb 17 Journal to the Self
- Feb 17 Microsoft PowerPoint Essentials
- Feb 22 Understanding Digital Photography Concepts
- Feb 24 Microsoft Excel Essentials
- Mar 2 Intermediate Computer Skills
- Mar 3 Intermediate Machine Sewing
- Mar 21 Experiencing Oil Painting
- Mar 22 Basics of Residential Landscape Irrigation
- Mar 23 Advanced Drawing
- Mar 23 Lesser-known Plants of the Sonoran Desert
- Mar 24 Advanced Portrait Drawing
- Mar 29 Genealogy Basics - How to Start the Journey
- Apr 5 Complete Quickbooks®
- Apr 11 Creative Acrylic II
- Apr 12 Improving Marital Relationships

***Please register
one week prior to
course start dates.***

Are You Smarter Than Your Smartphone?

Discover your Smartphone features and how to fully use them for your benefit.

Topics include: music, calendars, internet, apps, syncs, and other topics. In the end, you could be smarter than your Smartphone. *Special Note: Student must bring own smartphone to class.*

Instructor: Brad Thomas
 Subject: CME
 CRN: 21740 Feb 5 6-8 pm
 Fee: \$29 1 Friday SMC/TBD

iPad for Beginners

Explore the basics of your iPad. Topics include: iPad settings, customizing, and surfing the web. *Special Note: Student must bring iPad to class.*

Instructor: Brad Thomas
 Subject: CME
 CRN: 21741 Feb 12 6-8 pm
 Fee: \$29 1 Friday SMC/TBD

Basics of Facebook and Social Networking

An introductory class for adults interested in entering the world of social networking. Topics include: setting up an account, privacy and security, adding friends and photos, Internet/Facebook etiquette, and more.

Instructor: Brad Thomas
 Subject: CME
 CRN: 21739 Feb 19 6-8 pm
 Fee: \$29 1 Friday SMC/TBD

Email and Internet for Beginners

An introduction to email and the Internet contains emphasis on setting up an email address, sending and receiving messages, and exploring Internet search engines.

Instructor: Brad Thomas
 Subject: CME
 CRN: 21735 Feb 26 6-8 pm
 Fee: \$29 1 Friday SMC/TBD



Microsoft Word Essentials

Learn of the fundamentals of MS Word to create a simple letter, set margins, save the letter, and print it. Also learn how to change the look of text and to format paragraphs.

Instructor: Brad Thomas
 Subject: CME
 CRN: 21737 Mar 4 6-8 pm
 Fee: \$29 1 Friday SMC/TBD

Artistic Travel Journaling

Learn to easily and fearlessly create quick drawings from your vacation or "stay-cation" adventures. During this multimedia adventure, students will learn contour drawing, watercolor and colored pencil techniques to create a unique expression of your life; plus how to put together an easy to carry travel journal kit. Drawing creates a kinesthetic memory that will resonate deeply within you. Anyone can learn these fun and experimental techniques. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Pauline Conn
 Subject: CME
 CRN: 21784 Feb 6-Mar 5 1-4 pm
 Fee: \$99 5 Saturdays SMC/A122

.....
 CRN: 21785 Mar 12-Apr 16 1-4 pm
 Fee: \$99 5 Saturdays SMC/A122

Note: No class Mar 19.

Rubber Stamp Making



Carve your own unique hand carved rubber stamps in this new, fun hands-on class. Your gorgeous creations can be applied with permanent inks to journals, greeting cards, bookmarks, book plates, wrapping paper and more! No previous experience required. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Ruth Ballard
 Subject: CME
 CRN: 21719 Feb 8 10 am-Noon
 Fee: \$29 1 Monday SMC/TBD

.....
 CRN: 21720 Mar 29 1-3 pm
 Fee: \$29 1 Tuesday SMC/TBD

Silver Screen Cowboys, From Film to Television

With the coming of television in 1949, the silver screen cowboys such as Hopalong Cassidy, Gene Autry, Roy Rogers, The Cisco Kid, and The Lone Ranger made their way to the new medium. Some had an easy time of it, while others were fought at every turn by the film studios that were desperate to keep their stars off the small screen. The motives behind the big film studios were varied, but in the end, many of our cowboy heroes overcame these obstacles. However, there were a few that fell by the trail into supporting roles or obscurity. Learn the fascinating true stories behind the silver screen cowboys that blazed the trail for Gunsmoke, Bonanza, Laramie, Maverick, Cheyenne and all our favorite adult television westerns that came later.

Instructor: Charlie LeSueur
 Subject: CME
 CRN: 21616 Feb 9-Mar 1 9 am-Noon
 Fee: \$89 4 Tuesdays SMC/TBD

Geology of the Superstition Mountains

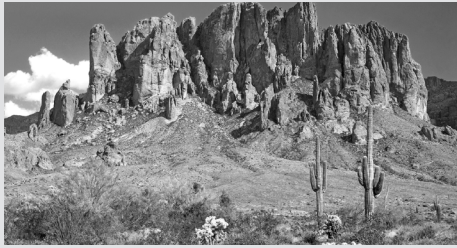
Did you know there is a volcano nearby? In this class you will learn about the formation of the Superstition Mountains and why they look the way they do. We will focus on geology, but cannot let legends of the Superstitions to be ignored. Come and learn why the Superstitions rock!

Instructor: Amy Paterson

Subject: CME

CRN: 21609 Feb 9-16 4:30-6:30 pm

Fee: \$39 2 Tuesdays SMC/F138



Volcanoes-What, Why, Where and How?

Designed for the non-geologist as an introduction to the fascinating study of volcanoes, this course covers the basics of volcanology including types of volcanoes, location of volcanoes (including Arizona volcanoes), types of lava and other materials ejected by volcanic eruptions. Specific volcanic disasters will also be studied.

Instructor: Amy Paterson

Subject: CME

CRN: 21610 Feb 25-Mar 3 4:30-6:30 pm

Fee: \$39 2 Thursdays SMC/F138

Vision Board

Come join us in this fun class to create and complete a collage of pictures, phrases and words that represent you, including your hopes, desires and goals. What do you want to be, what do you want to do, and what is the ultimate outcome you would like to achieve? Your board will become a tool to truly inspire you to lose your mental clutter, and gain focus on both short-term and long-term goals. Having a visual representation helps paint a clear impression of how you see yourself and your life in the next one to five years. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Ruth Ballard

Subject: CME

CRN: 21730 Feb 10 10 am-Noon

Fee: \$29 1 Wednesday SMC/TBD

CRN: 21731 Mar 22 10 am-Noon

Fee: \$29 1 Tuesday SMC/TBD

Beginning Computer Skills

Develop basic computer knowledge and learn how to navigate Microsoft Windows. Specific topics include desktop, icons, task bar, help screens, scrollbars, mouse practice, word pad, resizing and moving windows.

Instructor: Gene Middleton

Subject: CME

CRN: 21656 Feb 10 Noon-3 pm

Fee: \$29 1 Wednesday SMC/C116

CRN: 21657 Mar 3 Noon-3 pm

Fee: \$29 1 Thursday SMC/C116

Beginning Photoshop

Learn how to use the tools, layers, and palettes in Adobe Photoshop. With these tools, there is no limit to what you can do or create with your favorite photos.

Instructor: Gene Middleton

Subject: CME

CRN: 21658 Feb 16-Mar 8 10 am-Noon

Fee: \$55 4 Tuesdays SMC/C116

Photoshop: Practice Makes Perfect ^{NEW}

Continue the journey by expanding on the principles and elements you learned in Beginning Photoshop. Expand your knowledge of the tools and how they work with the layers and palettes and explore different approaches to achieve the same results. *Special Note: Students must have prior experience with Photoshop including the use of the tools, layers and palettes, or have taken Beginning Photoshop.*

Instructor: Gene Middleton

Subject: CME

CRN: 21799 Mar 22-29 10 am-Noon

Fee: \$35 2 Tuesdays SMC/C116

Photographing the Twilight Magic

Joanne West's most colorful landscape and nature photos are captured during the twilight hours. The time just before and during sunset offers dramatic lighting, but the hour following sundown can be even more magical. Come and learn how to optimize your camera's long exposure settings to capture the beauty of twilight. Topics covered will include capturing sunsets, lightning and star trails. Also learn techniques using various light sources to illuminate the landscape after dark. *Special Note: A sturdy tripod and camera that can be set for long exposures is required.*

Instructor: Joanne West

Subject: CME

CRN: 21715 Feb 10-Mar 2 4-7 pm

Fee: \$109 4 Wednesdays SMC/TBD

Photographing Arizona Wildflowers

In this workshop students will be led by professional nature photographer Joanne West, who is well-known for her artistic photos of the Superstition Mountains and surrounding lands often bursting with wildflowers. She will share where to find them and how to use your camera's settings in every type of light to make them stand out. In the classroom, students will see examples of tips and tricks, then practice on group photo shoots at this year's choice locations. A group review of top images after each shoot will help everyone learn from each other. This activity often helps photographers edit their portfolio of images and decipher which are their best captures Arizona's wildflowers. Tripod, medium zoom lens and flexibility on timing recommended.

Note: No class Mar 17.

Instructor: Joanne West

Subject: CME

CRN: 21714 Feb 18-Mar 24 9 am-Noon

Fee: \$129 5 Thursdays SMC/A129

Wildflower Photo Safari

Half the challenge of capturing the beautiful spring wildflowers in Arizona is finding them. Why not increase your chances by joining local art photographer Joanne West on this full day photography outing? This class includes an early morning get-together at her Gold Canyon studio to study her wildflower art. You will learn how it was created and best reproduced. After a brief review of tips and techniques to help you with optimal camera settings, accompany Joanne on a field photography shoot. Depending on where the wildflowers are best, you will shoot in mid-morning light, break for lunch, and then capture the wildflowers in afternoon light. *Special Note: Bring water and either snacks or lunch.*

Instructor: Joanne West

Subject: CME

CRN: 21721 Mar 26 7:30 am-4 pm

Fee: \$109 1 Saturday SMC/TBD



Introduction to Law Enforcement

Have recent police events caught your attention? This course is designed to introduce the functions of modern day law enforcement. An overview of the police response and their duties will be provided with an emphasis placed on Arizona law enforcement practices. Guest speakers from different law enforcement agencies are planned. Current issues facing police will also be discussed.

Instructor: Christian Ensley

Subject: CME

CRN: 21625 Feb 11-Mar 10 6-7:30 pm

Fee: \$49 5 Thursdays SMC/TBD



Beginning Italian

This is a course that offers an elementary understanding of the Italian language. Through a study of the basics of Italian, including vocabulary and useful phrases, students will become familiar with some of the more common terms and expressions used in today's Italy. *Special Note: Bring the required text to first class: Learn Italian the Fast and Fun Way, by Marcel Danesi. (ISBN-13: 978-0764125300)*

Instructor: Dennis Riccitelli

Subject: CME

CRN: 21648 Feb 16-Mar 8 1:30-3 pm

Fee: \$45 4 Tuesdays SMC/A127

Intermediate Italian

Continue learning the essentials of conversational Italian through more opportunities to develop Italian speaking and listening skills. The course features intermediate sentence structure, pronunciation, and vocabulary to be applied to real life conversations. *Special Note: Bring the required text to first class: Learn Italian the Fast and Fun Way, by Marcel Danesi. (ISBN-13: 978-0764125300)*

Instructor: Dennis Riccitelli

Subject: CME

CRN: 21649 Apr 5-26 1:30-3 pm

Fee: \$45 4 Tuesdays SMC/A127

Exploring Colored Pencils



The humble colored pencil has finally come into its own as a recognized fine art medium! It is a highly portable, sophisticated medium that is easy to use anywhere. This class will focus on using photographs to translate the colors and light of nature into your renderings, using the principles of drawing, while adding techniques such as layering and burnishing to create amazingly realistic works of art. You will create a variety of beautiful Southwestern images to complete more involved, finished pieces. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Note: No class Mar 14.
 Instructor: Ruth Ballard
 Subject: CME
 CRN: 21728 Feb 22-Mar 28 1-4 pm
 Fee: \$99 5 Mondays SMC/TBD

Instant Piano for Hopelessly Busy People

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you will need to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Craig Coffman
 Subject: CME
 CRN: 21647 Feb 22 6:30-9:30 pm
 Fee: \$35 1 Monday SMC/TBD



Instant Guitar for Hopelessly Busy People

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Craig Coffman
 Subject: CME
 CRN: 21645 Feb 29 6:30-9:30 pm
 Fee: \$35 1 Monday SMC/TBD



How to Utilize Rainwater in the Landscape



Have you ever watched the rainwater flow off your property and thought, "How can I utilize this precious free resource to water my landscape?" Learn the principles of water harvesting and how to use basins, berms, swales, and french drains to create a water-harvesting system that uses rainwater to water the landscape. You will also learn how rain tanks can be used to water those plants that need a drink between the rains, and what is required to maintain these type of systems.

Instructor: Ryan Wood
 Subject: CME
 CRN: 21733 Feb 23 10 am-Noon
 Fee: \$29 1 Tuesday SMC/TBD

Managing an Irrigation System



Learn how to manage your irrigation system from clock setting, frequency of watering, to small repairs. Tom McDonald and Bill Roe demonstrate and discuss the basics of your irrigation system and answer questions.

Instructors: Tom McDonald & Bill Roe
 Subject: CME
 CRN: 21716 Mar 1 10 am-Noon
 Fee: \$20 1 Tuesday SMC/TBD

Curandero Walk NEW

"Ethno-botany" hobbyists Kathy and Tom McDonald will lead an interpretive walk around the Superstition Mountain Campus of Central Arizona College identifying plants native to the Sonoran Desert while discussing their medicinal and edible properties. Did you know that you can make peanut brittle from jojoba beans, a refreshing tea from ocotillo blooms and a native plant tincture from a number of common plants found in our local landscapes? Learn all this and more as we take a hands on walk through the desert landscape of Apache Junction's CAC campus.

Instructors: Tom & Kathy McDonald

Subject: CME

CRN: 21718 Mar 8 9 am-Noon

Fee: \$29 1 Tuesday SMC/TBD

Plants of the Sonoran Desert NEW

Explore the plants of the Sonoran Desert and discover what they have to offer. You will view, learn and discuss the different plants of the Sonoran Desert and their use for medicinal, utilitarian and food consumption.

Instructor: Jean Groen

Subject: CME

CRN: 21713 Feb 24 9-11 am

Fee: \$35 1 Wednesday SMC/TBD

Numbers: Influencing Our Lives Part I

The use of numbers dates back centuries and can be used to enhance your everyday life. Explore ways to describe the nature of existence based on numbers. Discover the strength, character and essential influence numbers have on our lives. Develop a better understanding of the universe and yourself based on the assertion by Pythagoras that all things can be reduced to numbers and expressed in numerical terms. *Special Note: Bring water and either snacks or lunch.*

Instructor: Romualda "Rommy" Banaszczyk

Subject: CME

CRN: 21677 Feb 25-Mar 10 9:30 am-2 pm

Fee: \$85 3 Thursdays SMC/TBD

Numbers: Influencing Our Lives Part II

Continue exploring ways to describe the nature of existence based on numbers. Part II will be tailored to the outcomes determined by the participants in Part I. *Special Note: Bring water and either snacks or lunch.*

Instructor: Romualda "Rommy" Banaszczyk

Subject: CME

CRN: 21678 Mar 24-Apr 7 9:30 am-2 pm

Fee: \$85 3 Thursdays SMC/TBD

Basics of Residential Landscape Irrigation NEW

Discover the basics of residential landscape irrigation systems including design elements, product familiarization, installation and maintenance guidelines. This course is beneficial for do-it-yourselfers and professionals new to residential landscape irrigation.

Instructor: Vern Swanson

Subject: CME

CRN: 21640 Mar 1-10 9-10:30 am

Fee: \$45 2 Tue/2 Thu SMC/TBD

.....
 CRN: 21642 Apr 7-28 1-2:30 pm

Fee: \$45 4 Thursdays SMC/TBD



Lesser-known Plants of the Sonoran Desert NEW

Discover the lesser-known plants of the Sonoran Desert. You will view, learn and discuss the lesser-known plants and their use for medicinal, utilitarian and food consumption.

Instructor: Jean Groen

Subject: CME

CRN: 21710 Apr 7 9-11 am

Fee: \$35 1 Thursday SMC/TBD

Plein Air Painting NEW

Study plein air outdoor painting focusing on essential techniques, tools, and materials. Obtain helpful tips and demonstrations on outdoor composition, major shape identification, natural light, and color application. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Cheryl Fecht

Subject: CME

CRN: 21607 Feb 10-Mar 9 2-5 pm

Fee: \$69 5 Wednesdays SMC/TBD

.....
 CRN: 21608 Mar 23-Apr 20 2-5 pm

Fee: \$69 5 Wednesdays SMC/TBD

Signal Peak Campus

Beginning Drawing Skills

Beginning drawing skills are the foundation for all two dimensional artwork! Learn the importance of basic skills, shading, perspective and composition. This is an excellent course for the beginner to learn how to draw and for experienced artists looking to sharpen their skills. Lessons will include pencil as well as pen and ink applications. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

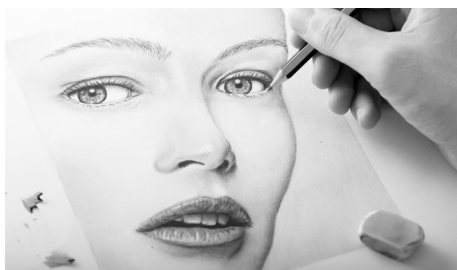
Note: No class Mar 15.

Instructor: Cheryl Fecht

Subject: CME

CRN: 21618 Feb 2-Mar 29 3-5 pm

Fee: \$105 8 Tuesdays SMC/A122



Experiencing Oil Painting

Discover the fluid movements of oils on canvas. This is a class for the novice as well as the artist who wants to fine tune their skills. Lessons will include: color theory, basic brush control, preparing your canvas, the importance of composition, mixing colors, painting the southwest landscape, water reflections at local lakes, and desert flora. Students will leave with at least three completed paintings. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

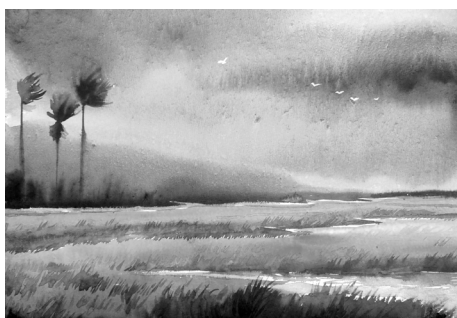
Note: No class Mar 18.

Instructor: Cheryl Fecht

Subject: CME

CRN: 21624 Feb 5-Apr 1 3-6 pm

Fee: \$155 8 Fridays SMC/A122



Pottery on the Wheel

Learn how to use a potter's wheel, throw various pieces, attach handles, trim pots, and apply glazes to finished products. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education office one week prior to the class start date for a materials list.*

Instructor: Francisco Menchaca

Subject: CME

CRN: 21511 Jan 28-Mar 3 6-8:30 pm

Fee: \$89 6 Thursdays SPC/TBD

.....
CRN: 21512 Mar 24-Apr 28 6-8:30 pm

Fee: \$89 6 Thursdays SPC/TBD



Your Future Begins Today at CAC!

Academic degrees and certificates, university transfer options, high school outreach programs, career training, personal enrichment and continuing education classes

www.centralaz.edu

Beginning Computer Skills

Develop basic computer knowledge and learn how to navigate Microsoft Windows. Specific topics include desktop, icons, task bar, help screens, scrollbars, mouse practice, word pad, resizing and moving windows.

Instructor: Frank Parenteau
 Subject: CME
 CRN: 21650 Jan 27 2-5 pm
 Fee: \$29 1 Wednesday STC/TBD

Microsoft Excel Essentials 

Learn the fundamentals of MS Excel to create a simple budget, entering text and numbers, column headings and saving the spreadsheet. You will learn about equations and how to enter pre-stored equations to make budget totals.

Instructor: Frank Parenteau
 Subject: CME
 CRN: 21727 Feb 24 2-5 pm
 Fee: \$29 1 Wednesday STC/TBD

Email and Internet for Beginners

Experience an introduction to email and the Internet. Contains emphasis on setting up an email address, sending and receiving messages, and exploring Internet search engines.

Instructor: Frank Parenteau
 Subject: CME
 CRN: 21651 Feb 3 2-5 pm
 Fee: \$29 1 Wednesday STC/TBD

Microsoft Word Essentials 

Learn the fundamentals of MS Word to create a simple letter, set margins, save the letter, and print it. Also learn how to change the look of text and to format paragraphs.

Instructor: Frank Parenteau
 Subject: CME
 CRN: 21653 Feb 10 2-5 pm
 Fee: \$29 1 Wednesday STC/TBD

Microsoft PowerPoint Essentials 

Learn the essentials of MS PowerPoint to create a presentation that you could use for a holiday or birthday gathering. You will learn how to insert pictures and text into your presentation, how to arrange the pictures and text to be pleasing to the viewer and how to add animations to make the presentation active. You will also learn how to save your presentation.

Instructor: Frank Parenteau
 Subject: CME
 CRN: 21738 Feb 17 2-5 pm
 Fee: \$29 1 Wednesday STC/TBD

Intermediate Computer Skills

Develop intermediate level computer skills by using MS Office Word, PowerPoint, and Excel software applications, web searches, and Internet based applications.

Instructor: Frank Parenteau
 Subject: CME
 CRN: 21652 Mar 2-9 2-5 pm
 Fee: \$45 2 Wednesdays STC/TBD

Complete Quickbooks 

Learn the QuickBooks Pro® accounting software program. This six week hands-on class is for those wishing to become a QuickBooks Pro® user or the small business owners who wish to understand and improve their own knowledge of the program. This course covers all components of the basics, such as: creating a company file; processing basic accounts payables and receivables; reconciling bank statements; and managing files for backup and restoration. More advanced functions are also addressed including: tracking payroll; understanding classes and job types; working with different reports; credit cards; advanced properties of accounts payable and receivable; tracking inventory; understanding how an estimate can be turned into an invoice with one or two clicks of the mouse; time tracking; paying sales tax; and working in either single or multi-user modes. Learn how to customize QuickBooks Pro® for how you work so you can save time and money. You will leave this class with a full understanding of how valuable an asset this program is for your business success. *Special Note: Students must bring their own laptop to class. The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Alice Field
 Subject: CME
 CRN: 21759 Jan 12-Feb 16 10 am-Noon
 Fee: \$89 6 Tuesdays STC/C100

.....
 CRN: 21762 Apr 5-May 10 10 am-Noon
 Fee: \$89 6 Tuesdays STC/C100

Beginning Bridge

This course is an introduction to the challenging game of bridge. Learn the fundamentals of bidding, play of hand and defense. Learn this great game, meet new people, and have fun at the same time. *Special Note: Bring the required text to first class: ACBL Bridge Series: Bidding in the 21st Century, by Baron Barclay Bridge Supply. ISBN-13: 978-0939460939*

Instructor: Gerald Stein
 Subject: CME
 CRN: 21606 Jan 12-Feb 4 10 am-Noon
 Fee: \$99 4 Tue/4 Thu STC/TBD

Creative Techniques to Improve Your Photography

Turn your "snapshots" into "photographs" by learning how to improve the appearance of landscapes, close-ups, wildlife and portraits. Learn how to create stronger images using more advanced techniques with lighting and innovative compositions. It's time to get creative with your photography with simple tips and tricks that you can use each time you shoot images no matter what type of camera you are using. This class is designed for both the beginner or advanced photographer. *Special Note: Students must know how to operate their cameras. This class will not teach camera operations.*

Instructor: Pearl Racette

Subject: CME

CRN: 21770 Jan 20-Feb 24 8:30 am-12:30 pm

Fee: \$159 6 Wednesdays STC/TBD



Genealogy Basics - How to Start the Journey

This course provides an overview of creating a documented family history for students who have little or no experience in the field. Learn the fundamentals of genealogy to save time, frustration and money. The course emphasizes the use of standard genealogical forms, terminologies and organization methods before using a computer or spending money on costly searches. Learn how to build results quickly. The class is not intended to help complete individual searches, but to give participants enough information for starting a search.

Instructor: Joan Martin

Subject: CME

CRN: 21662 Jan 21-Feb 4 10 am-Noon

Fee: \$45 3 Thursdays STC/C131

.....
CRN: 21767 Mar 29-Apr 12 10 am-Noon

Fee: \$45 3 Thursdays STC/C131

Instant Piano for Hopelessly Busy People

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you will need to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Craig Coffman

Subject: CME

CRN: 21646 Jan 25 6:30-9 pm

Fee: \$35 1 Monday STC/TBD

Instant Guitar for Hopelessly Busy People

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Craig Coffman

Subject: CME

CRN: 21644 Feb 8 6:30-9 pm

Fee: \$35 1 Monday STC/TBD



<http://vaquerosports.com>

Keep up-to-date with all of your favorite Vaqueros teams.

Line Dancing: Fun and Exercise

Learn various line dances to exercise the body and brain. No experience or partner necessary.

Note: No class Mar 17.

Instructor: Tobias Eaks

Subject: CME

CRN: 21691 Jan 28-Apr 21 10-11 am

Fee: \$5 12 Thursdays STC/D101



Creative Acrylic I

Discover how to paint creatively using acrylics. Lessons include: color theory; brush control; preparing your canvas; the importance of composition; and mixing colors while painting a Southwest landscape and a flower of the desert. Students will leave with at least three completed paintings. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Note: No class Feb 15 & Mar 14.

Instructor: Cheryl Fecht

Subject: CME

CRN: 21619 Feb 1-Apr 4 1:30-4:30 pm

Fee: \$105 8 Mondays STC/D120

Creative Acrylic II

Students must have prior experience with acrylics or have taken Creative Acrylics I. Lessons will include many techniques used with various mediums to achieve unique compositions and textures. Students will leave with at least three finished paintings utilizing the new techniques. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Cheryl Fecht

Subject: CME

CRN: 21622 Apr 11-May23 3:30-5:30 pm

Fee: \$95 7 Mondays STC/D120

Experiencing Oil Painting

Discover the fluid movements of oils on canvas. This is a class for the novice as well as the artist who wants to fine tune their skills. Lessons will include: color theory, basic brush control, preparing your canvas, the importance of composition, mixing colors, painting the southwest landscape, water reflections at local lakes, and desert flora. Students will leave with at least three completed paintings. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Cheryl Fecht

Subject: CME

CRN: 21623 Mar 21-May 9 10 am-1 pm

Fee: \$155 8 Mondays STC/D120

Bead Embroidery

Bead embroidery is different than any other beading technique. Instead of stitching or stringing beads together, you stitch beads to cloth or stiff felt. Students will design and create a unique wearable piece of art in class through the selection of a jasper cabochon, the use of several different bead embroidery techniques, and the use of seed beads to embellish the cabochon. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Note: No class Feb 15.

Instructor: Neola Bye-Beza

Subject: CME

CRN: 21676 Feb 1-Mar 7 10 am-1 pm

Fee: \$119 5 Mondays STC/D120

Astronomy for Beginners



Experience a survey of the Universe from the Big Bang through the present search for habitable planets and life elsewhere in the Universe. The focus will be a study of the structure and nature of the Universe, including galaxies, stars, planets and other objects which populate the cosmos.


Note: No class Feb 16 & Mar 15.

Instructor: Larry Bahn

Subject: CME

CRN: 21734 Jan 26-Mar 29 9-11 am

Fee: \$109 8 Tuesdays STC/TBD



**Central
Arizona
College**

**For credit classes, visit:
www.centralaz.edu**

*Teach for us!
We're always looking for
great instructors!*

Basics of Residential Landscape Irrigation



Discover the basics of residential landscape irrigation systems including design elements, product familiarization, installation and maintenance guidelines. This course is beneficial for do-it-yourselfers and professionals new to residential landscape irrigation.

Instructor: Vern Swanson

Subject: CME

CRN: 21639 Feb 2-23 6:30-8 pm
Fee: \$45 4 Tuesdays STC/TBD

CRN: 21641 Mar 22-31 6-7:30 pm
Fee: \$45 2 Tue/2 Thu STC/TBD

Introduction to Machine Sewing

Become comfortable experimenting with your sewing machine while developing the freedom to create! Learn sewing basics on your own machine and become familiar with the language of sewing. Classes will include sewing vocabulary, threading, bobbin winding, machine care, using different stitches, and troubleshooting your own machine. Acquire new found skills while completing a simple project. *Special Notes: Students must provide their own fabric and thread in order to complete the project. The cost of supplies is not included in the course fee.*

Instructor: Kristina Curtis

Subject: CME

CRN: 21673 Feb 4-25 6-7:30 pm
Fee: \$35 4 Thursdays STC/D120

Intermediate Machine Sewing



Take your sewing skills to the next level in order to experience the freedom that comes with sewing! Learn more challenging skills that will build off of the beginning machine sewing course. Classes will include gathering, zippers, in-setting sleeves, and beginning pattern reading. You will leave this course with your new found skills and a completed project of your choice. *Special Note: Students must obtain their own fabric and notions in order to complete the project. The cost of supplies is not included in the course tuition fee.*

Note: No class Mar 17.

Instructor: Kristina Curtis

Subject: CME

CRN: 21757 Mar 3-31 6-7:30 pm
Fee: \$35 4 Thursdays STC/D120

Plants of the Sonoran Desert



Explore the plants of the Sonoran Desert and discover what they have to offer. You will view, learn and discuss the different plants of the Sonoran Desert and their use for medicinal, utilitarian and food consumption.

Instructor: Jean Groen

Subject: CME

CRN: 21712 Feb 9 10 am-Noon
Fee: \$35 1 Tuesdays STC/TBD

Introduction to Quilt Making

Learn the joys of the time-honored craft of quilt making. In this introductory class students will learn to use a rotary cutter, accurately stitch seams, assemble and finish your own wall hanging. Explore quilting basics, choosing fabric, color values and the supplies you will need. Basic sewing skills are required. Please bring a sewing machine you are familiar with to class each week and have access to it outside of class. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Lois Arnold

Subject: CME

CRN: 21699 Feb 10-Mar 9 7-9 pm
Fee: \$69 5 Wednesdays STC/TBD

Beginning Drawing

Learn the basics of drawing, shading and design. Students will also share ideas on framing. This is an excellent opportunity for the beginner to learn how to draw and for experienced artists to sharpen their skills. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Rusty Parenteau

Subject: CME

CRN: 21681 Feb 10-Mar 9 4-6 pm
Fee: \$65 5 Wednesdays STC/D120

Advanced Drawing



Students will expand the skills learned in Beginning Drawing by adding more dynamic shading, focus, and highlighting to their compositions. *Prerequisite: Students must have completed Beginning Drawing or have prior experience in basic drawing.*

Instructor: Rusty Parenteau

Subject: CME

CRN: 21724 Mar 23-Apr 20 4-6 pm
Fee: \$65 5 Wednesdays STC/D120

Beginning Portrait Drawing

Course focuses on the basics of drawing portraits. Each week students will focus on a different element of the human face with the goal of drawing a portrait from a photo. Students will also learn the importance of drawing portraits from life. This is an excellent opportunity for the beginner to learn how to draw portraits and for experienced artists to sharpen their skills. *Special Note: The cost of supplies is not included in the course fee. Contact your local Community Education Office one week prior to the class start date for a materials list.*

Instructor: Rusty Parenteau

Subject: CME

CRN: 21682 Feb 11-Mar 10 4-6 pm
Fee: \$65 5 Thursdays STC/D120

Advanced Portrait Drawing

Continue exploring in-depth techniques of portrait drawing. In this class, building character and expression in the portraits will be emphasized. Students will draw charcoal portraits on drafting film and will silverpoint on wood with colored pencil. *Prerequisite: Students must have completed Beginning Portrait Drawing or have prior experience in drawing portraits.*

Instructor: Rusty Parenteau

Subject: CME

CRN: 21723 Mar 24-Apr 21 4-6 pm
Fee: \$65 5 Thursdays STC/D120

Journal to the Self

Whether you are new to journaling or have kept a journal for decades, this workshop will invigorate your writing and build momentum in your practice through the craft of personal writing. Kathleen Adams, founder of the Therapeutic Writing Institute, developed the *Journal to the Self Workshop* which provides an introduction to and practice in effective journaling techniques. These techniques guide you as you explore your dreams, experiment with creative writing, clarify your goals, increase your time-management skills, battle writer's block, and write your life story. The entire toolbox of Journal to the Self techniques will re-ignite your creativity.

Instructor: Marci Bowman

Subject: CME

CRN: 21722 Feb 17-Mar 9 1-4 pm
Fee: \$79 4 Wednesdays STC/TBD

Understanding Digital Photography Concepts

Photography sounds simple and fun, especially with a point and shoot digital camera. So, why don't all of our pictures taken with a digital camera look beautiful? Learn to go beyond the auto setting on your camera and look to use additional features, such as shutter speed, aperture, ISO, white balance and scene mode, to make the best pictures possible. This class will teach you what the meaning of the additional features are and how to know when to use additional settings to improve the photographs you take. This class applies whether your camera is a point and shoot or a DSLR. In addition, a brief introduction will be given on how to transfer pictures from your camera to a computer, plus quick and easy editing procedures using free tools that will really improve your pictures.

Instructor: Roger Degler

Subject: CME

CRN: 21704 Feb 22-Mar 7 9-11 am
Fee: \$45 3 Mondays STC/TBD

Lesser-known Plants of the Sonoran Desert

Discover the lesser-known plants of the Sonoran Desert. You will view, learn and discuss the lesser-known plants and their use for medicinal, utilitarian and food consumption.

Instructor: Jean Groen

Subject: CME

CRN: 21709 Mar 23 10 am-Noon
Fee: \$35 1 Wednesday STC/TBD

Improving Marital Relationships

Are you married or preparing to be married? There are fun and informative ways to prepare for and/or improve the quality of this most important relationship. Come learn and laugh with us as we discuss the tried-and-true do's and don'ts of the marriage relationship. Be prepared to share!

Instructor: Anna Rainey

Subject: CME

CRN: 21612 Apr 12-May 3 6-8 pm
Fee: \$55 4 Tuesdays STC/TBD



Allison, Connie, graduated from Prescott College with a Bachelor of Arts with a major in Psychology and a Master in Counseling from the University of Arizona. She has completed a year and a half at the Tamara Spiritual Center where she is now an ordained Minister. Connie continues to attend classes in various churches learning more about bible history, interpretation, prayer, meditation and metaphysics.

Arizona Living Well Institute is part of a non-profit family of health education and wellness programs at Empowerment Systems, Inc. For over 25 years, the Institute has been committed to helping individuals, families, and communities achieve optimal health, prosperity and well-being. The mission of the Arizona Living Well Institute is to advance evidence-based programs through structured communication, multi-level coordination, facilitator training and coaching. The presenters are trained, licensed and certified facilitators of the Healthy Living: Chronic Disease Self Management Program designed by Stanford University.

Arnold, Lois Embree; a third generation quilter, designer, blogger and author, Lois taught quilt making in the United States and Internationally. She has been featured in magazines and quilting books, and appeared on HGTV's Simply Quilts.

Bahn, Larry; before retiring he was a teacher for 34 years in a variety of disciplines. His favorite area to teach is Science and in particular Astronomy. He has taught all ages including middle and high school, and adult education courses. Over the years he has taken many classes and attended many seminars, lectures, and workshops on topics related to astronomy. He really enjoys helping students discover the nature of the Universe.

Ballard, Ruth; holds a degree in Art History from Middlesex University in Devon, England, her native home. She is a practicing artist across a multitude of genres and an enthusiastic art teacher. She truly believes everyone is creative and can be an artist. She now resides in the beautiful Sonoran desert and spends time creating, enjoys hiking the Superstitions and photographing the wilderness.

Banaszczyk, Romualda "Rommy," received degrees in Economics and International Education from schools in Poland and Massachusetts. She has been certified in the knowledge of numerology and is an international speaker and educator. She has a unique vision for promoting world peace, supporting education and literacy around the globe.

Blankenship, Cheryl; passionate about interior design since childhood, Cheryl has won regional and national awards for her designs. She taught interior design classes at MCC for over 10 years. Cheryl traveled to many countries, experiencing various cultures, architecture, furniture design and styles that enabled her to share this knowledge with her students.

Bowman, Mary Cecelia; holds a MFA in Creative Writing and over 30 years of experience as a writing teacher, Mary has spent most of her life intrigued by and dedicated to the art of writing and using writing as a craft. She currently offers workshops in personal, reflective, and creative writing; workshops for spiritual growth, for navigating life's challenges and transitions, and for crafting one's story. Her greatest delight is in helping others develop a mastery of the craft of writing.

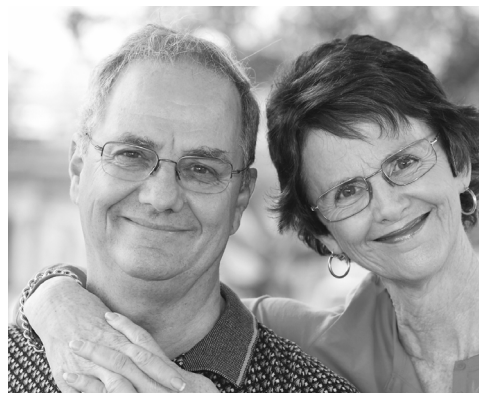
Bye-Beza, Neola; having spent her career in legal and risk services for acute healthcare facilities, Neola found herself working with fibers and beads as an outlet for her creative side. Over the years, she studied with many master artists at such shows as Art and Soul. She began corresponding with rock and gem lovers over several southwestern states and fell head over heels in love with jasper, agates, and other natural and organic geological specimens. Now she works mostly with these rocks cut in different shapes and sizes, beading them onto leather or suede, following patterns and designs that she graphs. Her inspirations come from native beading books and museum pieces and her creativity comes from her love of the rhythm and solitude beading provides for her.

Coffman, Craig, is an experienced piano instructor, professional pianist and music director. He has over 20 years experience teaching piano privately. His piano seminars, offered through Community Colleges and Community Education Programs, have been attended by over 12,000 students throughout the United States over the last 11 years. He has a degree in Sociology from Illinois Wesleyan University in Illinois (where he also studied piano) and a Master of Divinity degree from Western Seminary in Portland, Oregon.

Corrigan, Sharon, AZ Licensed Massage Therapist and Nationally Certified Bodyworker; Certified Star & Cross & Level 2 Instructor through World Tai Chi; lifetime practitioner of meditation and Kriya yoga; Certified 800 hour yoga instructor through the Southwest Institute of Healing Arts and registered with the Yoga Alliance with special training in Senior Yoga.

Cramer, Hunaya, an avid money saver for a family of seven has been couponing for over seven years. Her desire is to motivate and empower others to creatively stretch their income by using coupons and other money saving techniques. Now that she has mastered couponing, she considers herself an extreme couponer.

Curtis, Kristina; holds a Bachelor of Science Degree in Marketing from Arizona State University and from Barrett Honors College. She worked as a data analyst and assistant account manager at General Mills Inc. where she gained extensive knowledge of Microsoft programs, including Excel and PowerPoint. She has also worked as a costume designer and seamstress at Old Tucson Studios, a seamstress in the ASU theatre department, and currently owns and sews for her own online home décor business, SunnyRae Home. She loves to learn and help people improve their own lives through learning.



Degler, Roger; started in photography over 40 years ago, back in the “film era”. Only recently, he switched to digital, and he finds that this new world of photography makes learning much easier and quicker. He classifies himself as an Advanced Amateur. His speciality is beautiful Arizona Sunsets and Landscapes. Roger has won many awards and has been the Featured Artist at the Dreams and Legends Gallery in Apache Junction, and at the Boyce Thompson Arboretum. You can see his photographs around the East Valley at various art shows.

Deike, Carol, played first viola in high school and college orchestras in Chicago and belonged to a dance troupe that appeared at the Museum of Science and Industry, and Chicago’s Railroad Fair. She also taught fifth grade. An affinity for all the arts has played an important role in her life. Her first and most enduring love is the written word.

DeZago, Mari; her scholastic degrees and experience include: BSc Physical Education and Health; ten years teaching and coaching Physical Education and Health, K-12; 16 years coaching in the field of Health and Wellness, personally implementing what she taught. Ten years teaching Physical Education and Health (7-12, K-6) and coaching a variety of sports; she initiated and developed girls’ interscholastic conference league (1971-1977), Miami Christian School, Miami, FL. Thirteen years Homeschool Education of her two sons (K-12); she initiated and led a local homeschool parent group of 75 families (3 years, North Port, FL) Sixteen years as Owner, CEO, Personal Wellness Coach of Your Wellness Lifestyle (Cincinnati, Louisville, Columbus, and San Tan Valley, Mesa); she facilitated workshops for Apache Junction Two Ton Transformation Initiative (2013, 2014).

Duran, Veronica, holds a B.A. and M.Ed. from Northern Arizona University. Duran has been working in higher education for over ten years in a variety of capacities. In her role, she has mastered technology so that it can be used as a tool in everyday life.

Eaks, Tobia, is a lifetime dancer and lifelong learner. She loves living in the southwest and loves the mountains. As a child she began clogging from the time she was able to stand. Dancing is one of the joys in her life.

Ensley, Christian; holds an AA in Criminal Justice, a BS in Justice Studies (minor in Spanish), and an MS in Administration/Leadership. He has twenty years of Criminal Justice experience, with 17 years as a sworn peace officer working as a patrol officer, detective and sergeant. He also has experience with juvenile probation and security, and was often assigned Spanish speaking investigations.

Fecht, Cheryl, was born in Rome, New York to an Air Force officer. She’s had a passion for drawing since she was a young child and has been painting for over 40 years. She has been working as a full-time professional artist in her desert studio since the early 1990s and loves to enhance the distinct colors of the desert on canvas.

Fields, Alice; has been a business owner, author, speaker, educator, and trainer for the past 22 years. She is the author of 5 Books on Business Strategies and Tactics using QuickBooks Pro® Accounting Software, as well as 8 course manuals for QuickBooks Pro® instruction. She is a Certified Master Practitioner in transferring proven processes, techniques, strategies and systems in event planning/production, coaching, closing, presentation design, marketing, speaking, persuasion/influence and relatable experiences. Alice is a member of National Society of Accounts and National Association of Tax Professionals.

Groen, Jean, earned a home economics degree from Northwestern University. Her entire life she has loved cooking and experimenting with weeds, seeds, plants and berries. In 1997, she was employed at an Apache Junction RV Resort where she researched Indian recipes and would try “modern” recipes and then develop her own recipes for her audiences to taste. She is the co-author of several books, gives presentations to various schools/groups, is an instructor and a volunteer at the Boyce Thompson Arboretum.

Hoeh, Krystal, has taught art for eight years as an elementary and high school teacher. She is proficient in many art mediums but enjoys pencil drawing and acrylic painting the most. As an intern in French-Speaking Belgium, she had the privilege of visiting art museums throughout Europe. She has presented at the Arizona Art Education Association’s Annual Conference on how to use the internet to teach Art. Aside from Art and travel, she enjoys sprint triathlons, decorating cakes and camping.

Hofmeister, Barbara; is retired and lives in Gold Canyon. Before retiring she was a motivational speaker and sales trainer so teaching is second nature for her. When she and her husband retired in 1989 they moved into a small motorhome to travel for a year or so but ended up RVing full-time for 14 years. During those years, the couple wrote three separate books on full-time RVing and presented seminars all across the U.S. Barb also wrote a professional newsletter about their travels. In 2003 they gave up the RV lifestyle and Barb has been teaching Life Story Writing since in different venues in the valley and has helped many to complete their stories. In 2012 she finished her own life story.

Ioane, KimmBerly, specializes in Raku Firing, trained in northern California and is a working artist for 30 years. She enjoys sharing her passion for clay with others. Her artistic tips, methods and inspiration will help a wide range of students accomplish their own goals.

Jones, Bette; born and raised in Chicago, Bette has been an Apache Junction resident since 1990. She is a lifelong opera aficionado and has facilitated numerous opera appreciation classes. She hopes you will join her in a class about “American Composers and their Opera”.

Jones, Susan; graduated from West Hills College with an AA in General Studies and an AARN from Palomar Community College. After 25 years, she recently retired as Labor and Delivery RN at Tempe St. Luke’s Hospital. She has been a passionate quilter, watercolor painter, and fine china painter for many years. In her spare time, she participates in 5K and 8K runs.

Send ideas and comments
to Community Education
via email at
CommEd@centralaz.edu

Kates, Steve, aka Dr. Sky, is the selected presenter of astronomy focused education at the Lost Dutchman State Park by the Friends of Lost Dutchman State Park, a non-profit organized in 2010 to prevent the closure of the park. Steve presents an astronomy program in the park, during seasonal months, to an audience that has (in the park ranger's words) eclipsed any other astronomy group/presenter. While not a formal dark sky area, Steve has been the one champion to educate the Park's visitors and surrounding community about the need for the park and preserving its "dark" skies; because of his love for the skies.

Koenig, Sandra, began her lifelong love of the ancient Chinese game, Mah Jongg, over 50 years ago. She's carried her enjoyment for the game from her initial home of St. Louis, to her years living in Israel, up to and including her relocation to Arizona in 1984.

LeSueur, Charlie, Arizona's Official Western Film Historian, has interviewed many famous cowboy stars and was a celebrity moderator for 22 years in several cowboy festivals throughout the Southwest. He is a Spirit of the Old West Alive recipient, and was inducted in the Apacheland Wall of Fame at the Superstition Mountain Museum in Apache Junction, AZ. Charlie has two published books on Western Film - "The Legends Live On: Interviews with the Cowboy Stars of the Silver Screen" and "Riding the Hollywood Trail: Tales of the Silver Screen Cowboys".

Lewis, Patricia; born and raised in Phoenix, she holds a Bachelor and a Master degree in Secondary Art Education from Arizona State University. Pat taught art for over 25 years in various settings, including; an elementary school, parks and recreation centers and at the college level.

Lindholm, Catherine, holds a Bachelor's degree in Music Education and a Master's degree in Music from Northwestern University. She has been a certified bridge teacher and certified bridge director with the American Contract Bridge League for over 35 years. Along with these degrees and certificates, she is a Gold Life Master.

Littleton, David, first started playing bridge in his early teens and became acquainted with tournament bridge in his late teens. He has played in sanctioned American Contract Bridge League (ACBL) tournaments at all levels from local club games to regional and national championships. He has won state championships in three New England states and in 1973 achieved the rank of Life Master in the ACBL, which then was the highest rank one could obtain. He has played bridge most of his life and has experience in teaching bridge as an adult education class. He truly enjoys bringing the great game of bridge to others.

Marrinan-Menchaca, Dr. Mary, retired from Central Arizona College in April of 2015 after 21 years of service. Over the last 40 years, she has taught French, Spanish and English to students from kindergarten through university graduate levels. Dr. Marrinan-Menchaca is the owner and director of Casa Grande based Comprende Services, which is a business whose focus is Workplace training in the areas of Spanish language, Cultural Diversity and Stress Management.

Martin, Joan, has been researching her family history for over 30 years. She has been able to trace and verify her family line back to the 18th century using basic genealogical methods she learned taking courses through the National Genealogical Society, "how to" research on the internet, attending genealogical society workshops and writing lots of letters. Joan and her husband are recent immigrants to the San Tan Valley from Spokane, WA.

McDonald, Tom; earned his B.S. in Plant Biology from Drury College and is a Master Gardener certified by the University of Arizona. He opened and owns Smiling Dog Landscapes in Gold Canyon since August 2000. Tom has been in the "green" industry for over thirty years and his career includes numerous management positions in the greenhouse, landscape, golf course and consulting fields. In 2010 Tom launched the Smiling Dog Learning Center to bring classes and information on living in the Sonoran Desert to the community.

McGraw, Jennifer, is the Spa Director for the Scottsdale Camelback Resort where she has 24 years of experience and is certified to teach Tai Chi and Aquatic exercise. In 1991, she became licensed as massage therapist. She also teaches health and wellness classes in the community including meditation, relaxing stretch, labyrinth healing and Tai Chi.

Menchaca, Francisco; a Casa Grande native, has been creating with clay since childhood. His first sculptures were fashioned from native clay, dug from the ground at his rural Casa Grande home. He studied art in junior high and high school, where he first learned to use the wheel. Always striving to improve his technique and improve his art, Francisco has studied ceramic art at Northern Arizona University, at Mesa Community College, Chandler-Gilbert Community College, and at Central Arizona College. He maintains a private studio at his childhood home, south of Casa Grande, and his work has been shown at various art fairs, the Public Events Gallery at Central Arizona College's Signal Peak campus, the Casa Grande Art Museum, as well as at several venues in Phoenix, Tucson and North Carolina.

Meyer, Lois; is a lifelong lover of the arts. Now that she is retired, she can devote herself to sharing her skills and knowledge with other artists and non-artists. She has had the privilege to learn from exceptional instructors Jim Condrom and Colette Kalvesmaki.

Middleton, Gene, is a local actor and artist, best known for his western art. His professional career was in graphics, including photo retouching, silk screening and offset printing. He is knowledgeable in computer technology and photo enhancement and has a passion for technology. He is also a candid wedding photographer.

Murphy, Stephanie, holds a Bachelor's degree in Psychology and a Master's degree in teaching Mathematics and yet finds her true passion in helping others attain their best health and wellbeing. From her diverse background as a Yoga Alliance Registered Yoga Teacher and certified Personal Trainer, Group Fitness Instructor, Spin Instructor, and Health Coach, Stephanie brings a unique and innovative approach to her classes. Through a variety of poses and conscious sequencing, Stephanie's yoga classes build strength, enhance flexibility, and improve balance for all levels. From the most invigorating yoga practice to the most calming, Stephanie's versatility brings peace and tranquility into each class. Stephanie enjoys helping students focus within as they find and face challenges in their yoga practice, and by doing so expand awareness, increase presence of mind, and conquer difficulties with ease.

Ortiz, Vanessa; born in California and raised in a little Oklahoma town on the Kansas border called Tyrone. As a child she moved all over the place and her only outlet was art. She has been practicing art for over 12 years. In 2010, she graduated with a Bachelor in Fine Art from Arizona State. In 2014, she became a member of the Artists of The Superstitions. She likes to share her knowledge and passion with students willing to learn skills in drawing.

Osborne, Earl, holds a Bachelor of Science and a Masters degree from Arizona State University. He has taught high school mathematics and science in Phoenix and Casa Grande giving him over 36 years of experience. He has been stock trading for many years and has written proprietary computer trading programs. He continues to incorporate new ideas to his programs and has created several very successful trading systems.

Pacheco, Sarah, holds an A.A.S. in Nursing from Central Arizona College. In her spare time she enjoys couponing for her family and has been couponing for over six years. Not only is couponing a hobby, it also helps save money for her family.

Parenteau, Frank, originally from Washington DC, he is a licensed realtor in the State of Arizona. He has lived in various parts of the United States and in Italy. Speaks English and Italian and has a passion for project management and computer technology.

Parenteau, Rusty, is a world traveled artist who began her career with a degree in Art from Asbury University in Kentucky. She has taught creative drawing classes and workshops for children and adults in America and Italy. She has taught both in English and Italian.

Paterson, Amy; grew up in the Midwest, where the only visible rocks lined the railroad tracks or someone's driveway. On her first date with her now husband, he told her "Don't hang out with me unless you want to move to Arizona." Her reply was, "Are you kidding? They have rocks there! And sun". Amy started as a communications major at DePauw University in Indiana but ended up teaching rocks and volcanoes to eager ninth graders for 17 years. After getting her Masters in Geology Education from Northern Arizona University, Amy has been teaching Geology and Astronomy at community colleges in Pinal and Maricopa Counties for the past 10 years. In her spare time she enjoys spending time with her dogs, watching football, playing poker and traveling around the world to look at more rocks.

Payne, Guy, holds a B.A. in Russian Language and a minor in Russian History from the University of Maryland. While enlisted he was sent by the United States Air Force to the Defense Language Institute in Monterey, California to take additional Russian and French language courses. Thereafter, he taught the Russian language and became a Russian and French interpreter. After 21 years, he retired and in 1996 he was a Russian interpreter at the Summer Olympics in Savannah, Georgia.

Persico Jr., Dr. John, has been in management consulting since 1986. He has worked with organizations in both the profit and non-profit sector. He has done extensive work in the area of quality improvement, service management, leadership development, team building and strategic planning. John is a faculty member at Globe University and has also taught at metropolitan State University, the University of Minnesota and St. Thomas University. For over 10 years, he taught the Capstone class "Case Studies in Strategic management" for graduating seniors in the MBA program at Metropolitan State University. John has written two books on business strategy including the "TQM Transformation and "The New Business Values."

Racette, Pearl, is a graduate of the New England School of Photography in Boston, MA with a major in Portraiture and a minor in Digital Imaging. She also is a graduate of the New Hampshire Institute of Art & Science, in Manchester, NH, where she majored in Fine Art Photography. She has exhibited her work at galleries in Colorado, New Hampshire, Massachusetts, and Phoenix, Ariz. Her passion in life is photography, teaching, exhibiting & shooting her favorite subjects; people and travel photography.

Rainey, Anna holds a Bachelor of Arts in Psychology and a Master of Arts in Education. She has been teaching Family Communications for American Public University since 2010. Anna is personally and professionally passionate about helping people learn to communicate more effectively in family relationships! Anna has been married for 9 years and has 3 children. She enjoys reading, singing, playing the piano and going to the lake. More than anything, she enjoys spending time with her family.

Ramirez, Larry, as a hiking and outdoor enthusiast, photography has given him the ability to share some of the amazing things that he has seen throughout his adventures. His photographs have been published in newspapers, earned awards, exhibited and used as post-cards by the town of Mammoth, AZ.

Riccitelli, Dennis, is a second generation Italian-American. He graduated from Penn State University and received his Masters Degree in Italian from the prestigious Language School at Middlebury College in Vermont.

Russell, Janet, holds a Master's Degree from Northwestern University in Illinois. During her undergraduate studies at the University of Madrid in Spain, her desire to travel was intensified. She also worked for the Department of Defense in Germany where she taught Spanish to U.S. Citizens.

San Felice, Jack, has been an avid hiker, horseback rider, four-wheeler, photographer and serious researcher of the Superstition Mountains and nearby areas for over 20 years. Jack has explored the Superstitions for years and has interviewed many of the treasure hunters and unique characters that he has encountered. He has a master's degree from the American University in Washington D.C., and is the author of various publications and stories.

Saunders, Jim; has over 40 years success in all areas of sales and sales management, including consumer, retail, business to business, key accounts, heavy industry, telemarketing and service sales. He has sold everything from socks to computer software. Currently, Jim is Western Regional Manager with BWF Envirotec. He has hired and trained over 300 sales people that have gone on to have winning sales careers. Jim has been Team Manager, Regional Manager, and Vice President of Sales with Fortune 500 and NASDAQ Top 500 companies.

Stein, Gerald; retired high school Michigan public school educator in English Literature and Composition. He has been playing bridge since high school in the 1960's. Has taught both beginning bridge and advanced bridge classes.

Swanson, Vern; holds an Associate of Arts Degree in Business from Olympic College and a certificate in Drafting & Design from Seattle Community College. Swanson has over 40 years of experience in the landscape irrigation industry. In 1984, he became one of the first Irrigation Association Certified Irrigation Designers in Washington State. He has taught short-term irrigation courses at Lake Washington Technical College and continues to educate himself by taking irrigation workshops. Throughout his career, Swanson has been involved in irrigation design. Beyond irrigation, Swanson reads, enjoys bicycle riding and works on occasional handyman projects.

Thomas, Brad; from Unionville Missouri, held the position of IT manager at Northeast Missouri Rural Telephone Company for the last 17 1/2 years. He has 26 years of experience in the IT field altogether. Throughout his IT career, he acquired a multitude of skills. These were attained by performing different job functions which included, Network Administrator, Linux/Windows System Administrator, PC Technician, managing the work flow of IT staff, budgeting, vendor management, and customer relations. He and his wife just recently relocated to the Phoenix area for a change of scenery and weather, and to live near family.

Tucker, Wanda, a native of Arizona residing in Winkelman. She became interested in art as a youth, but didn't get involved until 1966. Her artistic expertise was enriched under tutelage of well known artists such as Frederic Taubes, George Kountoupis, Griffen Stevenson and various college instructors. Her enthusiasm is reflected in her work as well as her method of teaching.

Wainio, Marguerite, has a B.A./English & Writing, from Sarah Lawrence College and an M.A./Psychology, from Antioch University West. She has worked as a writer and editor her entire life and has taught writing and presented at workshops.

West, Joanne; is a working freelance and fine art photographer who brings a variety of experience and inspiration to her photography classes. After a 21 year career as the in house photographer for General Motors Desert Proving Grounds, she now combines her love of travel and nature with freelance photo work for individuals and business organizations. Her photos have been published on greeting cards, publications, social media, and calendars for the Arizona Office of Tourism, Cities of Tempe and Chandler, and other corporate clients. Her fine art images are part of collections in Canada, Italy and England.

Wood, Ryan; shares with you his extensive knowledge in water harvesting and permaculture design along with his skills and enthusiasm for creating sustainable livelihoods. As a Program Manager for Watershed Management Group, Ryan applies his talents while educating the public through hands-on workshops, presentations, consultations, and integrated design services. Watershed Management Group (WVG) is a 501(c)3 nonprofit organization, whose mission is to develop community-based solutions to ensure the long-term prosperity of people and health of the environment. WVG provides people with the knowledge, skills, and resources for sustainable livelihoods.

Zaimont, Gary, holds a Master of Arts degree from Queens College and a Professional Diploma in Educational Administration from Hofstra University. For 12 years he worked as an Employment Trainer for HIREd in Minnesota. He taught job-seeking skills to many clients of HIREd's programs to include Youth Programs in Minnesota, Welfare to Work programs, Adult Workforce Programs serving disadvantaged adults, and Dislocated Worker programs. Mr. Zaimont also taught job-seeking skills to ESL classes at the Minneapolis Community and Technical College. He wrote a manual, Job Seeking Essentials, to serve as curriculum for those courses. Since moving to Arizona in 2005, he has been writing arrangements for and playing the flute and bass clarinet in the Maricopa Music Circle and has had his photographs and paintings displayed at the Maricopa Center for Entrepreneurship and the Maricopa Library.

Zubel, Laura, has an Organizational Management Degree from Rio Salado College. She has worked for Microsoft Network for 5 years and has over 10 years of experience with Microsoft products and suites. She has taught computer classes and provided training for corporations. She was raised in Arizona and has an extensive interest in Arizona Living, including over 20 years of experience using a solar oven, gardening in the desert and is a Certified Master Gardener. Her additional interests have given her over 10 years of experience creating and teaching Swedish Weaving and sewing projects.

Zubel, Paul, has an associate's degree from Rio Salado Community College. He has over eleven years of experience in Microsoft Office. Other experience includes five years as a Microsoft Systems Operator, seven years as a Hardware Tester for Western Digital and three years as a Systems Administrator for HMS Host. In 1997, Paul joined MSN as a Moderator and Systems Operator of their social media chat department. Being involved with MSN Live Group, he brought fans in contact with their favorite celebrities through chat. Since then, he has continued to be involved with Social media as well as Computer Networking while working on his bachelor's degree.

Three easy ways to register:

Due to the minimum number of students necessary for a course to be held, we strongly encourage you to sign up early.

1. ONLINE: If you are a current student, you can register online at www.centralaz.edu. Click on Quick Links, click on Online Services, enter your User ID and PIN.

2. WALK IN: You may register at any of the eight campuses/centers. All classes are filled on a first come, first-served basis. Proposition 300 and the Arizona Revised Statutes require that all students must show proof of their citizenship, even employees. Students only need to provide citizenship proof once, not each time they register. These documents include one of the following: valid driver’s license, birth certificate or passport. You may request a complete list of acceptable documents from the Records Office.

3. FAX: 480.677.7722 or 520.494.6055
Use the registration form at www.centralaz.edu/lifelonglearning. Payment must be made by credit card only.

Register for CGPR and MARPR:

Central Arizona College has formed two partnerships to provide community education for two areas. To register for a class in any of the two areas the directions are as follows:

- **City of Casa Grande Parks & Recreation** (520.421.8677) will process registrations via their Web link at: <http://online.activenetwork.com/CasaGrande/Start/Start.asp> or its office at 404 E. Florence, Blvd., Casa Grande, AZ(cash, check, money order and MasterCard, Visa, Discover and American Express payments are accepted). Therefore, Central Arizona College online, campus and educational center registration is blocked for these courses.

- **City of Maricopa** (520.316.4600) will process registrations for Maricopa Campus Lifelong Learning Community Education classes via its web link at: <https://apm.activecommunities.com/cityofmaricoparec/Home> or its office at 44345 W. Martin King Jr. Blvd., Maricopa, AZ 85138 (cash, credit and debit card payments are accepted). Therefore, Central Arizona College online, campus and educational center registration is blocked for these courses.

What if a class cancels?

Courses that do not meet a minimum student enrollment are subject to cancellation. If a course is cancelled, every effort is made to notify you by telephone or email and to inform you of other course details and/or the refund process.

When are the campuses closed?

Jan 18	Martin Luther King, Jr. Day
Feb 15	President's Day
Feb 16	CAC Development Day
Mar 14-19	Spring Break
May 30	Memorial Day

Attendance:

Only persons registered in a class and on the roster may attend the class.

Instructor Biographies:

To find out more about our instructors, visit www.centralaz.edu/lifelonglearning or a list can be found towards the back of this schedule.

Where are classes held?

Most classes are held at ten locations. The classes with the City of Casa Grande Parks & Recreation are held at their classrooms. You will be notified upon registration what room the class is being held in.

Are there requirements?

You must be age eighteen and over to register for a non-credit course.

Supplies and Textbooks:

Call the Community and Continuing Education Department at 480.677.7721 or 520.494.6059 one week prior to the start of the course to verify the class status before purchasing books or supplies.

What is the refund policy?

If a class is cancelled, you will be notified and entitled to a full refund. If you choose to withdraw before a class begins, you are entitled to a full refund. If you withdraw from a course after a class begins, you will not receive a refund. Refund requests due to extenuating circumstances may be submitted in writing to the Registrar of Central Arizona College as soon as possible.

What about parking?

Parking is free at all locations.

Disclaimer

Central Arizona College makes every effort to ensure that all information within the schedule is accurate at the time of publication. Occasionally, dates, times, locations, instructors and fees change. If changes occur, we will notify you using the phone number you provided on the registration form.

Registration/Admission Student Information Form

- Signal Peak
- Aravaipa
- Casa Grande Center
- Florence Center
- Superstition Mountain
- Maricopa Campus
- Corporate Center
- San Tan Campus

Student ID Number Semester of Enrollment: Year 20____
 Fall Spring Summer

1 Legal Name: Last: _____ First: _____ Middle Initial: _____

Previous Name (maiden): _____

2 Mailing Address: Street/P.O. Box: _____ Apt.: _____
 City: _____ State: _____ Zip: _____

3 Telephone: Home:(_____) Cell:(_____) Business:(_____) _____

4 Emergency Contact: Name: _____ Relationship: _____ Phone: (_____) _____

5 Reason for Enrollment: Job Advancement Personal Interest Improve Reading/Writing/Math Skills
 Transfer to a Four-Year School Other

6 Male Female 7 Date of Birth: ____/____/____
 Month Day Year

8 **Race/Ethnic Background** CAC is a Hispanic Serving Institution. As such, CAC receives extra federal funding to support its students. In order to qualify for the funding we must maintain at least 25% of our student body as Hispanic /Latino/Chicano. Therefore, it is VERY IMPORTANT that if you identify with one of these groups you mark the appropriate box. This information will NOT be used in ANY other way.
 Are you of Latino/Hispanic ethnicity?
 YES, please specify: Mexican Central American **-OR-** NO, if not of Latino/Hispanic ethnicity, please check all that apply
 Cuban South American Asian Native Hawaiian/Pacific Islander
 Chicano Spanish American Indian/Alaskan Native
 White, Non-Hispanic Black/African American

9 **Student type:** Select one type that best describes your status:
 Minor/Under 18 Dual Enrollment Transfer New/First Time Re-entry, returning after one or more semesters
 Continuing Inmate

10 These questions are asked for the purpose of determining tuition and fees. State law now requires that a person who is not a citizen or legal resident of the United States or who is without lawful immigration status is not entitled to classification as an in-state student pursuant to A.R.S. Section 15-1802 or entitled to classification as a county resident pursuant to A.R.S. 15-1802.01. Failure to answer questions may result in being classified as out-of-state for tuition and fees purposes. The responsibility of registering under the proper residency classification is placed upon the student. Any student who falsified his/her residency may be subject to dismissal from the college and/or criminal action. Refer to the college catalog for residency guidelines.
 United States Citizen Legal Immigrant/Permanent Resident: Date of Issue ____/____/____
 Lawful Refugee/Asylee: Date of Issue ____/____/____ Country of Origin _____
 Legal Nonimmigrant: Specify Immigration Classification _____ and Date of Expiration ____/____/____ and Alien Registration Number/I-94 Number _____
 Do Not Qualify for any of the above

11 **Are you a legal Arizona resident?** Yes No If yes, what date did your present stay begin in Arizona?: (if born in Arizona, state birth year) ____/____/____
 If less than a year, in what state did you reside? _____

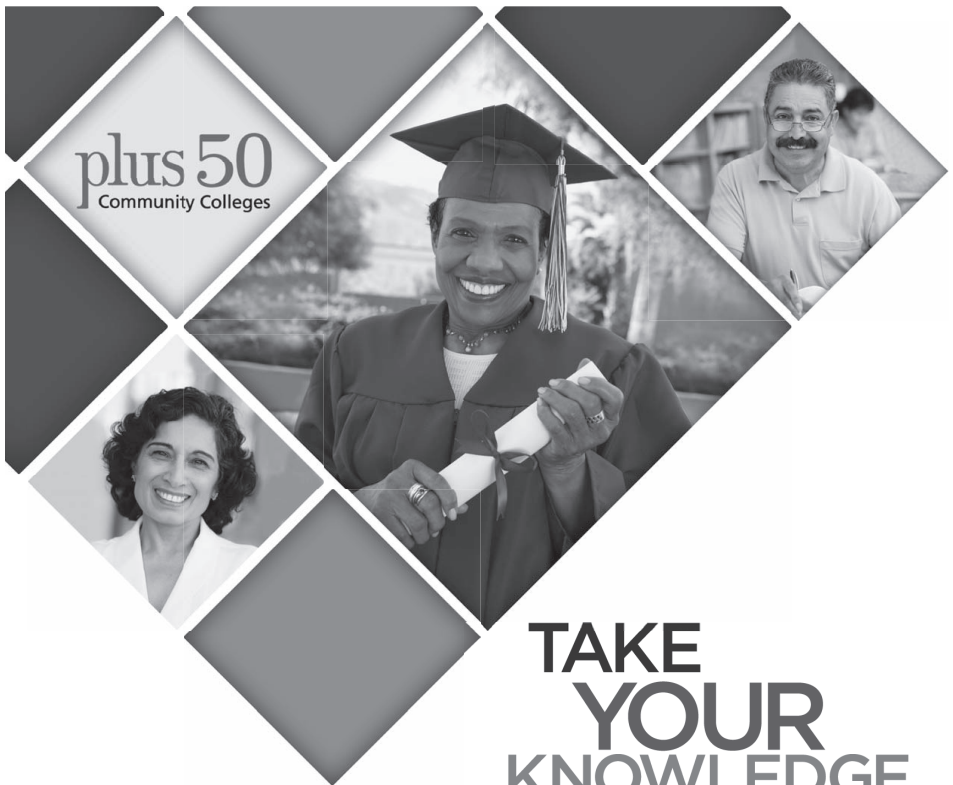
CRN	Course Number	Section	Course Title	Credits	Days	Time

I certify that the information given is complete to the best of my knowledge. I understand that submission of false information is grounds for denial of admission or immediate suspension if enrolled. If accepted as a student of Central Arizona College, I agree to abide by the rules and regulations of the college regarding conduct and other obligations.

Student Signature: _____ Date: _____

Advisor: _____
 Max Hour Approval: _____

Registration



**TAKE
YOUR
KNOWLEDGE
TO THE NEXT
DEGREE**



**Central
Arizona
College**

Older Adults Preparing for New Careers

For more information contact:
Joel Beck
805 S. Idaho Road, Rm. B125
Apache Junction, AZ 85119
480.677.7721 Voice
480.677.7722 Fax
joel.beck@centralaz.edu

Central Arizona College Course Locations

AVC - Aravaipa Campus
80440 E. Aravaipa Rd.
Winkelman, AZ 85192-7068

CGC-Casa Grande Center
1015 E. Florence Blvd.
Casa Grande, AZ 85122

CGPR-City of Casa Grande Parks &
Recreation
404 E. Florence Blvd.
Casa Grande, AZ 85122

CCC-Central Corporate Center
(Interstate 10 & Florence Blvd.)
540 N. Camino Mercado, Suite 1
Casa Grande, AZ 85122

FC-Florence Center
800 E. Butte Ave.
Florence, AZ 85132

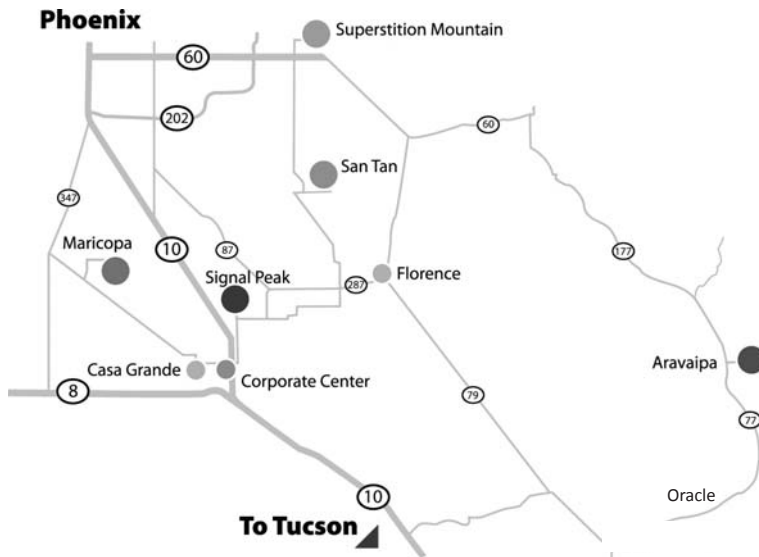
MC-Maricopa Campus
17945 N. Regent Dr.
Maricopa, AZ 85138

SB-SaddleBrooke/HOA2
64500 E. SaddleBrooke Blvd.
Tucson, AZ 85739
*Must be a resident of the SaddleBrooke
HOA1 or HOA2 Communities to register
for classes held in SaddleBrooke.*

SMC-Superstition Mountain Campus
805 S. Idaho Rd.
Apache Junction, AZ 85119

SPC-Signal Peak Campus
8470 N. Overfield Rd.
Coolidge, AZ 85128

STC-San Tan Campus
3736 E. Bella Vista Rd.
San Tan Valley, AZ 85143



Accreditation:

Central Arizona College is accredited by the Higher Learning Commission (HLC).
<http://www.hlcommission.org>

Nondiscrimination Policy:

Central Arizona College prohibits discrimination in employment and educational programs based on race, color, religion, sex, age, disability, national origin, military status, genetic test information, sexual orientation, or gender identity or expression.

CENTRAL ARIZONA COLLEGE (USPS: 03-1221) is published in the months of March, August, September and December by Central Arizona College – Pinal County Community College District, 8470 N. Overfield Rd., Coolidge, AZ 85128-9779. Periodicals postage paid at Casa Grande, AZ. POSTMASTER: Send address changes to Central Arizona College, 8470 N. Overfield Rd., Coolidge, AZ 85128-9779. Volume 2, Issue 1.



**Central
Arizona
College**

8470 N. Overfield Road
Coolidge, AZ 85128

Periodicals

**ECRWSS
Residential Customer**

**Your Future Begins Today
at CAC.**



*Over 90 accredited certificates and associate degrees,
high school outreach, university transfer, career training,
and continuing education opportunities.*

**www.centralaz.edu
800-237-9814 ext. 5111**